

Cascade Park Rules

Be Thankful For This Beautiful Park

Have fun! Enjoy! Relax! Perform random acts of kindness and participate in service projects. Campers must make a reservation prior to using the camp. Families and other groups are encouraged to use the camps during times when it is not in use by organized Church groups. Camps are scheduled giving priority to LDS Church Young Women groups, then to other LDS Church-sponsored groups, and lastly to families and other groups. The camp may be available to families and groups for a fee based on group size and facilities needed. Families and groups not directly sponsored by a unit of the Church, who wish to use Church recreation camps must fill out and sign the Hold Harmless Agreement.

Be Thoughtful

1. All leaders report to the office to check in with the camp missionaries. All drivers please sign-in upon arrival and record service hours at the sign-in shed prior to departure. Check-in time is 1 pm. Check-out time is 11 am.
2. Personal sound devices should be kept at a level only your campsite can hear.
3. River curfew is dusk. All persons should be out of the water after sundown. Please return all borrowed equipment or supplies.
4. Notify the camp missionaries when bathroom supplies are needed.
5. As a courtesy to other campers and neighboring residents, all campers are encouraged to be at their campsite and observe a noise curfew from 11:00 p.m. to 7:00 a.m. For specific times or exceptions for special events, please contact the camp missionaries.
6. All people whether or not they are members of the Church, who come to camp must observe the Church's standards of personal conduct as set forth in the "For the Strength of Youth" booklet.
7. Dress and grooming should be modest, tasteful, and in keeping with LDS Church Standards.
8. Bathing suits should be one-piece or modest tankini for women and girls and loose-fitting, boxer-type for men and boys.
9. Coffee, tea, alcohol, tobacco, and illegal drugs are prohibited.
10. Please refrain from foul language, as well as music or behavior that is not in harmony with the respectful atmosphere that should be maintained on the property.
11. Each person who comes here should follow the highest standards of conduct—courtesy and kindness being the hallmarks of your conduct while here.
12. Use of personal electronic devices is prohibited at Young Women Camps. This includes cellphone, MP3, cd and DVD players. Leaders may use cell phones as needed.

Be Wise with Resources

Turn off running water and lights when not in use. Fees pay for city water, electricity and septic services. You can build fires ONLY in approved campfire rings provided by the camp. There may or may not be firewood at the campsite. Check with the camp missionaries or just bring your own firewood. Return unused wood to the wood sheds.

Be Clean

1. Clean up the bathroom after each use.
2. If given a specific assignment, upon completion, please report to the camp missionaries.
3. Keep trash contained and your site free of litter. Place trash in receptacle located behind the sign-in shed.
4. Upon departure, please inspect your campsite for belongings.

Be Safe

1. Observe the 10 mph speed limit throughout camp and watch for children.
2. Supervise children near the river and during recreational activities, rope swings, zip line, hiking, etc.
3. Swim and hike with a buddy. Groups provide your own lifeguard.
4. Attend fires at all times; extinguish with water when leaving area or camp. Comply with posted fire warnings and burn bans. An adult must supervise the fire at all times. You should have a bucket of water next to the fire. A shovel is also useful to have nearby.
5. Make sure fires have been completely extinguished with water and are cool to the touch—before leaving.

6. Permission to have campfires is subject to change according to the local fire marshal's directive at the time. Please check with the camp missionaries regarding the current fire restrictions.
7. Cutting living trees and shrubs, and destruction of any vegetation is prohibited. No graffiti, carving or painting on the walls or trees.
8. Absolutely no fireworks are permitted to be brought to Church recreation camps, even for special events or holidays.
9. Firearms, BB guns, paintball guns, air guns and other weapons are generally not permitted on the properties.
10. Absolutely no hunting or trapping is permitted.
11. There are a few camps that have ranges for archery and rifle shooting. These properties require advance permission and scheduling for you to bring these items. You must contact the camp missionaries to make arrangements.
12. Motorcycles, ATVs, dirt bikes or off-road vehicles are not permitted at camp. All motorized vehicles must remain on designated roads and parking areas. However, many properties have paths suitable for pedal bicycles. Check with the camp missionaries for details.
13. No pets are permitted at Church recreation camps, even if they stay in your vehicle.
14. No HORSES.

Be Prayerful

Sunday is a day of rest and worship. Please join us for church at Granite Falls Ward in Lake Stevens. Ask the camp missionaries for service times and directions. Sabbath appropriate activities are posted in the sign-in shed. Athletic fields, equipment, boats, and similar items are not to be used on Sunday. The OFFICE is CLOSED on Sunday. All fees need to be settled prior to Saturday evening.