



Come, Follow Me

LIVING, LEARNING, AND TEACHING THE GOSPEL OF JESUS CHRIST

For Primary

Pilot Test for *Come, Follow Me: Living, Learning, and Teaching the Gospel of Jesus Christ, for Primary*

Thank you for participating in this pilot test of *Come, Follow Me: Living, Learning, and Teaching the Gospel of Jesus Christ*. This resource is an effort to improve gospel learning and teaching at home and at church. We hope you will have a wonderful experience using these materials.

WHAT IS COME, FOLLOW ME?

Come, Follow Me is composed of five books:

- *Come, Follow Me* for individuals and families at home
- *Come, Follow Me* for Sunday School
- *Come, Follow Me* for Primary
- *Come, Follow Me* for Young Women and Relief Society
- *Come, Follow Me* for Aaronic and Melchizedek Priesthood quorums

WHY THIS TEST?

Under the direction of the First Presidency and the Quorum of the Twelve Apostles, the Church is exploring ways to (1) better help your family live and learn the gospel at home and (2) help your experiences at church better support your gospel learning at home. Your participation and feedback as a Primary teacher or leader and as a Church member will be very valuable.

WHAT MATERIALS SHOULD I USE FOR THE TEST?

As part of this test, you are invited to use the following *Come, Follow Me* resources:

1. *Come, Follow Me* for individuals and families at home. Each household in your ward or branch has received a copy of this book and has been encouraged to use it for gospel study at home (scripture study, family home evening, and so on). This book contains weekly study outlines that focus on specific chapters in the Book of Mormon and monthly study outlines that focus on single topics.

2. *Come, Follow Me* for Primary. This book contains lessons to be used in Primary classes (except nursery) as well as ideas for singing time and sharing time. Each week's lesson and singing and sharing time ideas are based on the chapters in the Book of Mormon that children are studying at home that week in *Come, Follow Me* for individuals and families.

Together, these two books will help you as you teach your Primary class. They will also help Primary children to learn and live the gospel at home.

For the period of the test, these two books will replace all previous Primary manuals, including the Sharing Time Outline. (The nursery class will continue to use its current manual.) After the test is over, you can return to teaching from the previous manuals.

HOW DO I SHARE MY FEEDBACK?

At least weekly, please share your experiences, comments, and suggestions. You will remain completely anonymous, and you can comment as often as you would like. Thank you for your help. May the Lord bless you in your efforts to learn and teach the gospel of Jesus Christ.

To share your comments, go to [lds.org/test/learn](https://www.lds.org/test/learn).

Contents

| | |
|---|-----|
| I Am a Teacher of Children | ii |
| Using <i>Come, Follow Me</i> for Primary. | iii |
| Teaching the Book of Mormon in Primay. | 1 |
| December 28–January 3: Heavenly Father Wants Me to Learn and Progress | 2 |
| January 4–10: “Another Testament of Jesus Christ” (introductory pages) | 4 |
| January 11–17: “I Will Go and Do” (1 Nephi 1–7) | 6 |
| January 18–24: Partaking of the Love of God (1 Nephi 8–11; 15) | 8 |
| January 25–31: “Armed with Righteousness and with the Power of God” (1 Nephi 12–14) | 10 |
| February 1–7: “It Is by Me That Ye Are Led” (1 Nephi 16–22) | 12 |
| February 8–14: “We Lived after the Manner of Happiness” (2 Nephi 1–5) | 14 |
| February 15–21: “I Am He That Comforteth You” (2 Nephi 6–10) | 16 |
| February 22–28: “We Rejoice in Christ” (2 Nephi 11–25) | 18 |
| February 29–March 6: “A Marvelous Work and a Wonder” (2 Nephi 26–30) | 20 |
| March 7–13: Following the Example of the Son of God (2 Nephi 31–33) | 22 |
| March 14–20: “I Must Do According to the Strict Commands of God” (Jacob 1–4) | 24 |
| March 21–27: The Lord Labors with Us (Jacob 5–7) | 26 |
| Adapting to the Needs of Younger Children. | 28 |

Published by
The Church of Jesus Christ of Latter-day Saints
Salt Lake City, Utah

© 2015 by Intellectual Reserve, Inc.
All rights reserved.
Printed in the United States of America
PD60000672

I Am a Teacher of Children

I have been called of God to teach His children. I was set apart to this calling by the authority of His holy priesthood. I may not be formally trained to teach in the world's way, but my calling is to teach in the Savior's way. I qualify by living worthily, praying daily, and studying the scriptures.

As I do this, God grants me the influence and power of the Holy Spirit. Through that Spirit, He guides me during my preparation and while I am teaching. He reveals to me what I should say and what I should do. They are really God's children, after all, and He knows what they need and how best to reach them.

These precious little ones are ready and eager to learn the simple truths of the gospel. The veil seems thin for them, not just because they were so recently in God's presence, but also because of their faith in their spiritual feelings. Somehow they innately know that their role is to learn, and they see every moment as a learning moment. They don't worry that they don't understand everything yet; they willingly act on

what they do understand, trusting that a more complete understanding will come. Even while at play, they are constantly absorbing information, forming and refining their opinions, and making thrilling discoveries—which they are always excited to share. Little wonder that when the Savior wanted to teach about how we should receive His gospel, He took a child in His arms and said, "Whosoever shall not receive the kingdom of God as a little child, he shall not enter therein" (Mark 10:15).

Truly, the calling to teach such pure, teachable souls is a sacred trust. It is normal to feel overwhelmed at times. But I know that God called me, and He will never forsake me. This is, after all, His work, not mine. And as I serve with all my heart, mind, and strength, He enlarges my capacities, gifts, and talents. The more I give in His service, the more I am able to give—and the more I can bless my family members, friends, and others I am called upon to teach.



Using *Come, Follow Me* for Primary

The home should be the center of gospel learning. One of the greatest and most lasting gifts you can give the children you teach is to help them learn from the scriptures individually and with their families.

This book is designed to help you create experiences in Primary classes and sharing time that support, build upon, and encourage meaningful gospel learning outside of Primary.

The best way to prepare to teach from the scriptures is to have your own experiences with studying the scriptures—individually and with your family—just as you encourage your class members to learn from the scriptures during the week.

Each lesson outline includes the following three sections:

1. MY TEACHING PLAN

Before exploring the teaching ideas in the lesson outline, you should spend some time seeking inspiration from the Spirit to know which principles to emphasize from the assigned scripture chapters and how to teach those principles. This section invites you to follow this pattern as you make your plan:

■ *Encourage sharing.* For the first few minutes of class, invite children to share any insights and experiences they had as they studied the scriptures that week individually and with their families. You might also review what the children learned last week and ask how it has influenced their lives. Keep in mind the family situation of each child, and take care not to make a child feel embarrassed if his or her family is not reading the scriptures together.

■ *Teach the doctrine.* Focus on doctrinal principles that you find in the assigned scripture chapters. Look for creative ways to help the children understand the events of the scriptures and the principles they teach. How can the scriptures help them understand gospel

principles? What additional resources could help them be excited about the truths they are learning? What questions might you ask that will help them live the principles?

■ *Learn and share at home.* One objective of teaching children is to find ways for them to share at home what they are learning in Primary. As children share what they are learning, their testimonies are strengthened and their faith increases.

2. ADDITIONAL IDEAS

After you have made your plan, you might explore the additional ideas, as needed, to supplement your own ideas. Additional ideas include the following:

- Scripture references and doctrinal principles.
- Activities to engage children in learning.
- Ideas for improving teaching.

3. SHARING TIME

Singing Time. During singing time, Primary music leaders help children learn the gospel of Jesus Christ through music. As they do so, they teach and testify of the truths found in each song. To engage children, they can share scriptures, quotations, and examples that illustrate the truths they sing about.

Sharing by Children. Rather than presenting a lesson during sharing time, a member of the Primary presidency encourages children to share experiences they have had as they studied the gospel during the week—whether by themselves, in Primary, or with their families. These sharing opportunities may be unstructured, or they may be planned. For example, before sharing time you could invite the children in one class to share a scripture they have read recently at home or at church.



TEACHING THE BOOK OF MORMON IN PRIMARY



“Youth of all ages, even infants, can and do respond to the distinctive spirit of the Book of Mormon. Children may not understand all of the words and stories, but they certainly can feel the ‘familiar spirit’ described by Isaiah (Isaiah 29:4; see also 2 Nephi 26:16) (David A. Bednar, “Watching with All Perseverance,” *Ensign or Liahona*, May 2010, 42).

December 28–January 3

Heavenly Father Wants Me to Learn and Progress



Preparing to Teach in Primary

Begin your preparation to teach by reading 2 Nephi 25:26, 28:30; Alma 5:45–46; and 3 Nephi 14:7–8 before studying any supplemental material. Prepare your teaching plan, and record your thoughts and impressions. You might also use some of the ideas on the next page or in *Come, Follow Me* for individuals and families.

ENCOURAGE SHARING

■ How can you encourage the children to share the feelings and experiences they had as they studied these scriptures individually and with their families? How can you also involve children who may not have read in advance?

TEACH THE DOCTRINE

■ As you teach the doctrine found in this week’s scriptures, what verses, quotations, experiences, questions, and other resources might you share with the children? How might you use these resources to help children learn gospel principles? How can you encourage children to act on the truths they learn in class?

ENCOURAGE SHARING AND LEARNING AT HOME

■ What can the children share at home with their families? How can you encourage them to continue to learn about the Book of Mormon at home?

MY TEACHING PLAN

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

IMPROVING OUR TEACHING

Seek your own inspiration.

Don't view these outlines as instructions that you must follow as you teach. Rather, use them as a source of ideas and to spark your own inspiration as you ponder the needs of the children you teach.

Additional Ideas

Use one or more of the activities below to help children recognize how to learn for themselves. You may also use your own activities to teach other truths that you find in the scriptures.

2 Nephi 25:26. The scriptures help me learn about Jesus Christ.

■ As you prepare to teach, read 2 Nephi 25:26, and consider ways you can help the children learn more about Jesus's love for them. How can you inspire them to learn about Him from the scriptures? Perhaps you could share a story (see Neil L. Andersen, "Tell Me the Stories of Jesus," *Ensign* or *Liahona*, May 2010, 108–12), sing a song (see the topics index in *Children's Songbook*), or show a video (see biblevideos.lds.org). As you do these things, what does the Spirit inspire you and the children to do to learn more about Jesus Christ?

Alma 5:45–46. I need to learn for myself.

■ Most children are already having experiences learning. What can they share about the things they are learning in school or at home? What did the children have to do to understand or become good at the things their teachers and parents taught them? Did they ever have to spend time on their own to study or practice these things?

Just as there are things they need to do in order to learn at school or home, there are also things they need to do in order to gain knowledge about the gospel and a strong testimony. What do children learn about how Alma gained his own testimony as they read Alma 5:45–46? (for younger children, explain these verses in your own words). What goals can children set to learn about the gospel for themselves this week?

3 Nephi 14:7–8. I can learn as I ask, seek, and knock.

■ Because children are dependent on parents to meet many of their needs, they have a unique perspective on 3 Nephi 14:7–11—they often have to ask for things and trust that they will receive. How can you use their experiences to help them understand what *ask*, *seek*, and *knock* mean in a gospel sense? For example, you could bring objects to class that help us find things we are looking for—perhaps binoculars, a map, eyeglasses, or a GPS device. What tools has Heavenly Father given us to help us find answers we are seeking for? How can the children use these tools in their own search for truth?



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ Children could sing "Shine On" or "The Wise Man and the Foolish Man" (*Children's Songbook*, 144 and 281).

SHARING BY CHILDREN

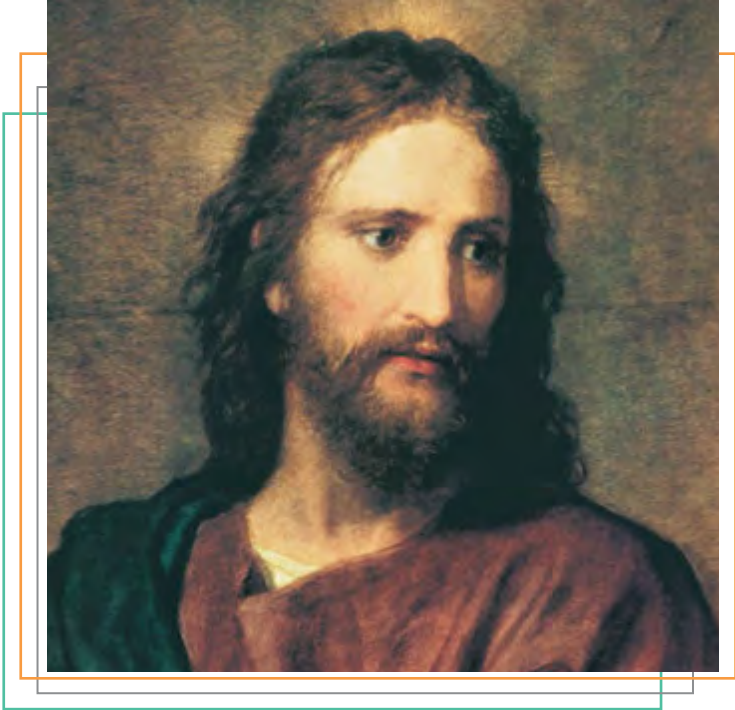
Create opportunities for children to share how they are learning and living the gospel.

■ Children could act out things they are doing at home to learn the gospel while others guess. You could also invite them to choose a picture of Jesus and share something they learn about Him from the picture. You could also encourage them to share ways they are trying to be like Jesus.

INTRODUCTORY PAGES

January 4–10

“Another Testament of Jesus Christ”



Preparing to Teach in Primary

.....

Begin your preparation to teach by reading the introductory material of the Book of Mormon (the pages that precede 1 Nephi) before studying any supplemental material. Prepare your teaching plan, and record your thoughts and impressions. You might also use some of the ideas on the next page or in *Come, Follow Me* for individuals and families.

ENCOURAGE SHARING

■ How can you encourage the children to share the feelings and experiences they had as they studied these scriptures individually and with their families? How can you also involve children who may not have read in advance?

TEACH THE DOCTRINE

■ As you teach the doctrine found in the introductory material of the Book of Mormon, what verses, quotations, experiences, questions, and other resources might you share with the children? How might you use these resources to help children learn gospel principles? How can you encourage children to act on the truths they learn in class?

ENCOURAGE SHARING AND LEARNING AT HOME

■ What can the children share at home with their families? How can you encourage them to continue to learn about the Book of Mormon at home?

MY TEACHING PLAN

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

IMPROVING OUR TEACHING

Help children learn from the scriptures.

Young children may not be able to read much, but you can still engage them in learning from the scriptures. You may need to focus on a single verse or even just a key phrase. Sometimes, you might read a passage and invite them to stand up or raise their hand when they hear a specific word or phrase that you want to focus on.

Additional Ideas

Use one or more of the activities below to help children learn about how the Book of Mormon testifies of Christ. You may also use your own activities to teach other truths that you find in the introductory pages of the Book of Mormon.

Title Page. *The Book of Mormon helps me have faith in Jesus.*

■ Do the children you teach see the Book of Mormon as another testament of Jesus Christ, or just a collection of interesting stories? How can you help them see its purpose—“the convincing of the Jew and Gentile that Jesus is the Christ”? Would they enjoy acting out stories from the Book of Mormon that teach of Christ—such as the story of Samuel the Lamanite (see Helaman 14–16) or the Brother of Jared (see Ether 2–3)? How can these and other stories from the Book of Mormon help them build their faith in Christ?

Introduction. *The Book of Mormon is the keystone of our religion.*

■ Joseph Smith’s comparison of the Book of Mormon to a keystone might be an effective way for children to understand the importance of the Book of Mormon. You could use a picture or drawing to show them how a keystone holds an arch together, or they could build a small arch out of blocks. What does it mean that the Book of Mormon is the “keystone of our religion”? How can knowing that it is true help strengthen our faith in other things, like the Savior or the Prophet Joseph Smith? Hearing about how your testimony has been strengthened by the Book of Mormon could be very powerful for the children. What else do they learn about the value of the Book of Mormon from Joseph Smith’s words in the sixth paragraph of the introduction to the Book of Mormon?

See also the picture on page 46 of *Come, Follow Me* for individuals and families.

“The Testimony of Three Witnesses,” “The Testimony of Eight Witnesses,” and “The Testimony of the Prophet Joseph Smith.” I can be a witness of the Book of Mormon.

■ The children you teach have likely had experiences in which they relied on someone else’s testimony—perhaps they tried a new food or a new game at the encouragement of someone they trusted. How could you use these experiences to teach them about the importance of witnesses? As you explore the testimonies of the Book of Mormon witnesses, what impressions come to you and the children?

See also the picture on page 47 of *Come, Follow Me* for individuals and families.



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ For ideas of songs the children could sing, see “Book of Mormon” in the topics index of the *Children’s Songbook*.

SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ You might invite children to share their testimonies of the Book of Mormon or tell stories about people in the Book of Mormon, including Jesus Christ.

Additional Ideas

Use one or more of the activities below to help children gain a testimony that God will help them keep His commandments. You may also use your own activities to teach other truths that you find in these chapters.

1 Nephi 3:19–21; 5:19–22. The scriptures are a great treasure.

■ Many children find the story of Nephi and his brothers getting the brass plates to be memorable and exciting (see 1 Nephi 3–4). The story also illustrates how valuable the scriptures were to Lehi’s family—Nephi and his brothers traveled a long distance, gave up their gold and silver, and risked their lives to get the plates. As you think about the children you teach, what do you feel would help them learn from the story? Acting it out? Drawing pictures? Searching key verses? (such as 1 Nephi 3:19–21 and 5:19–22). How can the children show that they value the scriptures as Lehi and Nephi did?

1 Nephi 2:11–21. I need my own testimony.

■ The children you teach are laying the foundation of their testimonies, much as Nephi did in 1 Nephi 2:11–21. How can you help them discover and learn from Nephi’s example (and from Laman’s and Lemuel’s poor example)? For example, you could let the children write Nephi’s actions on blocks or other objects and then build a structure with the objects to represent building a testimony.

1 Nephi 3:7, 15–16. God will prepare a way for me to keep His commandments.

■ Like all of us, children are often faced with tasks that seem difficult—including, at times, keeping God’s commandments. Developing a Nephi-like attitude while they are young will help them throughout their lives. How could you help the children understand Nephi’s words in 1 Nephi 3:7, 15–16? Perhaps the song “Nephi’s Courage” (*Children’s Songbook*, 120) could help—children could draw pictures of what they hear in the song. They could also draw themselves following a commandment from God—for example, by being kind to their brothers and sisters or serving others.

See also the coloring page on page 48 of *Come, Follow Me* for individuals and families.



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ Consider singing “Faith” or “Nephi’s Courage” (*Children’s Songbook*, 96 and 120) or “Scripture Power” (music.lds.org).

SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ Children could share an experience in which they kept one of God’s commandments even when it was hard. They could also share a scripture story or the experience of a family member.

Additional Ideas

Use one or more of the activities below to help children learn about the love that God has for each of them. You may also use your own activities to teach other truths that you find in these chapters.

1 Nephi 10:17–19; 15:7–11. God will reveal truth to me by the power of the Holy Ghost.

■ Nephi knew that if we ask Heavenly Father in faith, we can have truth “unfolded unto [us]” (1 Nephi 10:19). How can you help children understand the meaning of this phrase? Perhaps you could unfold a blanket that has something hidden inside it. How might this help the children understand how the Holy Ghost unfolds truth to us? In addition to 1 Nephi 10:19, what other scriptures can you share that teach how the Holy Ghost reveals truth to us? (for example, see D&C 8:2–3). How can you help the children, even if they are young, notice key words in these verses?

1 Nephi 11:16–17. God loves all of His children.

■ How could you help the children in your class feel God’s love for them? For example, they could bring an item from home that reminds them that they are loved. This might provide an opportunity for them to teach each other. Lehi’s dream teaches powerfully about God’s love for His children (see especially 1 Nephi 8:10–12). Could the children find words in 1 Nephi 8—or in the picture of Lehi’s dream on page 49 of *Come, Follow Me* for individuals and families—that remind them of God’s love?

■ You may need to help the children discover what the various symbols in Lehi’s dream represent (see 1 Nephi 11:21–22; 12:16–18; 15:23–30).

See also the coloring page on page 50 of *Come, Follow Me* for individuals and families.

1 Nephi 11:16–33. Jesus Christ is the Son of God.

■ To help Nephi understand the love of God, an angel showed him the life of Jesus Christ. Could a similar approach help the children you teach feel God’s love? The *Gospel Art Book* (2009) has several pictures that illustrate events from Jesus’s life recorded in 1 Nephi 11:16–33, such as Jesus’s birth, baptism, teaching, healing of the sick, and Crucifixion (see verses 20, 24, 27, 31, 33). You can find other pictures on LDS.org or in Church magazines. Children might enjoy matching pictures with relevant verses. For younger children, you could read the verses out loud and ask them to point to the corresponding picture. What do the children learn about Christ from these verses and pictures?



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ Consider singing “The Iron Rod” (*Hymns*, no. 274) or “Search, Ponder, and Pray” (*Children’s Songbook*, 109).

SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ Ask a few children in advance to share scriptures that help them feel God’s love. You might also invite the children to share ways they try to share God’s love with others.

Additional Ideas

Use one or more of the activities below to help children see how Heavenly Father can give them power to choose the right. You may also use your own activities to teach other truths that you find in these chapters.

1 Nephi 12:16–18; 15:23–25. The scriptures give me power to resist temptations.

■ If you can help the children trust in the power of the word of God, you will prepare them to resist temptations they will face in the future. Lehi’s vision teaches this powerfully. How could you help children share what they remember about this vision? Would they enjoy drawing a picture and identifying the symbols in the vision? We can read in 1 Nephi 12:16–18 about some of the dangers along the path to the tree of life, and 1 Nephi 15:23–25 teaches how we avoid those dangers. What do the children learn from these verses? What do they feel inspired to do to stay on the path?

1 Nephi 13:26–29, 35–36, 40. The Book of Mormon restores precious truths.

■ The truths in the Book of Mormon give us power. To teach this, you could invite children to make a list of truths that give them power to make good choices—for example, the truth that they are children of God. Older children may be able to read 1 Nephi 13:26–29 and identify what happens when people do not have the “plain and precious” truths of the gospel. Younger children may enjoy a simple activity showing that when we can’t see things clearly, we stumble. These discussions could be a good opportunity for you (or one of the children) to bear testimony of truths you have learned from the Book of Mormon.

1 Nephi 14:14. Covenants bring me power.

■ When we make covenants with God, He promises to give us power (see 1 Nephi 14:14). For example, when we are baptized, God gives us power through the gift of the Holy Ghost. One way to illustrate the power of our covenants is to invite the children to complete a challenging activity by themselves (like building something or solving a puzzle), and then offer your help. You might explain how this relates to the help Heavenly Father gives us. If the children are preparing for baptism, you could use this opportunity to help them better understand the importance of the baptismal covenant they will make.



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ Consider singing “On a Golden Springtime” or “Book of Mormon Stories” (*Children’s Songbook*, 88 and 118–19).

SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ Children could share how they “arm” themselves with righteousness (1 Nephi 14:14) through the scriptures, prayer, family home evening, and other ways. Children could also share a favorite verse of scripture that teaches a “plain and precious” truth (1 Nephi 13:28).

Additional Ideas

Use one or more of the activities below to help children learn to trust the Lord when they face challenges in their lives. You may also use your own activities to teach other truths you find in these chapters.

1 Nephi 16:10, 26–31. The Lord will guide me.

■ In some ways, growing up and experiencing hard things can be like taking a journey to a new place—exciting but also a little scary. If we were visiting someplace we had never been before, we might use a compass, directions from someone, a GPS device, or a map to help us find our way. How might you use this example and the experience of Lehi's family with the Liahona to help the children understand how God will guide them? (see 1 Nephi 16:26–31; 18:11–13, 21; Alma 37:38–47). When Lehi and his family used the Liahona, what did they need to do so that it would work? (see 1 Nephi 16:28–29). When have the children been guided by the Holy Ghost and the scriptures, just as Lehi and his family were guided by the Liahona?

See also the coloring page on page 52 of *Come, Follow Me* for individuals and families.

1 Nephi 16:14–39. I can trust God when I need help.

■ Every family faces hard times. As Nephi's example shows, the attitudes and actions of a son or daughter can have a profound influence on the rest of the family. How can you use the story of Nephi's broken bow and the Liahona to help the children see that even though they are young, the Lord can use them to "bring about great things" (1 Nephi 16:29) in their families? For example, you could assign each child to draw a picture of one thing in this story, such as Nephi, a member of his family, or a bow. Then invite the children to use the pictures to present the story as a class. What can the children learn from Nephi? What can they do to follow his example?

1 Nephi 19:22–24. I can liken the scriptures to my life.

■ There are several stories in 1 Nephi 16–18 that the children could act out and "liken" to themselves (1 Nephi 19:23). For example, how could Nephi's experience with building a ship help the children when they are asked to do something difficult? What can we learn from Nephi's example about how to respond to those who mock and persecute us for doing what is right?

See also the pictures on pages 51 and 53 of *Come, Follow Me* for individuals and families.



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ The children could sing "Search, Ponder, and Pray" or "Nephi's Courage" (*Children's Songbook*, 109 and 120).

SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ You could invite the family of one of the children to share what they learned from one of the stories in 1 Nephi 16–18. Then all the children could share experiences they have had when the Holy Ghost guided them.

Additional Ideas

Use one or more of the activities below to help children know how they can make choices that will bring them joy. You may also use your own activities to teach other truths you find in these chapters.

2 Nephi 1:20. I am blessed when I obey.

■ How can you help the children understand Lehi's teachings in 2 Nephi 1:20 about prospering? It might help them to see a visual image, such as a healthy plant and a leaf or branch that has been cut off from the plant. You could discuss the difference between a leaf that is on the plant and one that has been cut off. How are we like the leaf on the plant when we obey? You and the children could also share experiences when you have obeyed the commandments and been blessed.

2 Nephi 2:27. God gave me the freedom to choose.

■ How can you help the children understand the meaning of 2 Nephi 2:27? You could share Elder Robert D. Hales's story about painting himself into a corner (see this week's outline in *Come, Follow Me* for individuals and families). You could also play a game that illustrates the importance of making choices. What other ideas from *Come, Follow Me* for individuals and families could you use to teach your class about agency? What did Lehi want his children to understand about the power of their choices?

2 Nephi 3:6–24. Prophets are called of God to help His children.

■ Lehi's teachings to his son Joseph can help the children gain a stronger testimony of the mission of Joseph Smith. How can you help them understand these teachings? One idea is to invite the children to draw or color a picture of Joseph Smith (see page 54 of *Come, Follow Me* for individuals and families) and write some of the reasons they are thankful for the Prophet. What words from 2 Nephi 3 could they depict in their drawing?

See also the video "A Seer Will I Raise Up" (LDS.org).



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ The children could sing "Keep the Commandments" or "Choose the Right Way" (*Children's Songbook*, 146 and 160).

SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ Children could share experiences they have had with choosing the right. They could play a matching game by matching a commandment with the blessings promised to those who obey that commandment.

Additional Ideas

Use one or more of the activities below to help children learn about how the Savior can help us. You may also use your own activities to teach other truths you find in these chapters.

2 Nephi 8:9, 17, 24. I can remember my covenants with God.

■ Jacob wanted to help his people “awake to,” or remember, their covenants (see 2 Nephi 8:9, 17, 24). To help the children understand what it means to awake to a covenant, you could ask them what people do to become fully awake in the morning, such as set an alarm, open curtains to let in sunlight, exercise, or take a shower. What could the children do to remember to choose the right and keep their baptismal covenants?

Jacob 2:12–21. I can help others feel happy by sharing with them.

■ Children could act out several phrases from Jacob 2:17–19 to help them learn that sharing is better than being selfish. For instance, children might enjoy acting out phrases such as “feed the hungry” or “administer relief to the sick” (Jacob 2:19). Children could role-play sharing in different situations, such as sharing food or a toy. Invite them to think about things they can do in their homes to share their talents, time, and other things God has given them.

2 Nephi 9:20–23. Jesus Christ saved me from sin and death.

■ To strengthen their faith in the Savior’s Atonement, children could look at several pictures that depict the events of Christ’s Atonement and Resurrection (see *Gospel Art Book* [2009], nos. 56–60). As they look at the pictures, they could read 2 Nephi 9:20–23 and look for words that match each of the pictures. What are their thoughts and

feelings about the Savior’s Atonement? They could also sing a song about the Atonement, such as “He Sent His Son” or “The Third Article of Faith” (*Children’s Songbook*, 34 and 123). Consider sharing your testimony of the Savior. What can children do to share what they have learned with their families?

2 Nephi 9:27–30. The scriptures warn me of danger.

■ Wisdom and riches are not inherently bad, but Jacob warned that they are dangerous if used for the wrong purposes. To help the children understand this idea, you could display something that represents worldly riches or worldly wisdom—for example, a treasure chest or a book—and discuss what 2 Nephi 9:27–30 teaches about using wealth and wisdom for good. What warnings does Jacob give us if we seek wealth and wisdom for the wrong reasons?



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ Children could sing “To Think about Jesus” or “Keep the Commandments” (*Children’s Songbook*, 34 and 146).

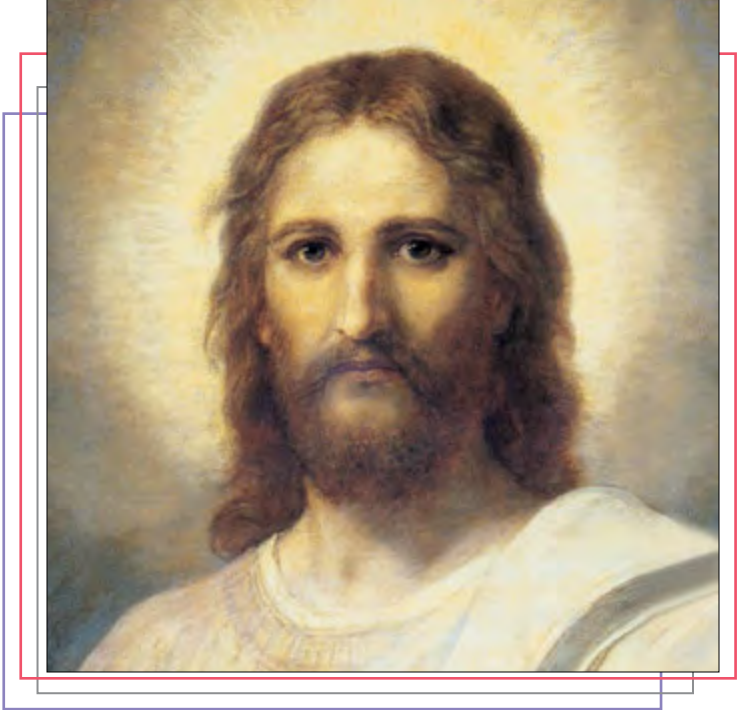
SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ Encourage the children to share a verse from 2 Nephi 9 that helps them understand the Atonement. A few children could show a picture of the events of Christ’s Atonement and tell what they learn from the picture. Some children might share what they do to remember the covenant they made when they were baptized.

2 NEPHI 11–25
February 22–28

“We Rejoice in Christ”



Preparing to Teach in Primary

.....

Begin your preparation to teach by reading 2 Nephi 11–25 before studying any supplemental material. Prepare your teaching plan and record your thoughts and impressions. You might also use some of the ideas on the next page or in *Come, Follow Me* for individuals and families.

ENCOURAGE SHARING

■ How can you encourage the children to share the feelings and experiences they had as they studied these scriptures individually and with their families? How can you also involve children who may not have read in advance?

TEACH THE DOCTRINE

■ As you teach the doctrine found in this week’s scriptures, what verses, quotations, experiences, questions, and other resources might you share with the children? How might you use these resources to help children learn gospel principles? How can you encourage children to act on the truths they learn in class?

ENCOURAGE SHARING AND LEARNING AT HOME

■ What can the children share at home with their families? How can you encourage them to continue to learn about the Book of Mormon at home?

MY TEACHING PLAN

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

IMPROVING OUR TEACHING

Children are active.

At times you may feel that the children's high energy in class is a distraction from learning. But you can build on their active nature by inviting them to act out a story or perform actions that correspond with events in a song or scripture passage.

Additional Ideas

You may use one or more of the activities below to help children learn about how the gospel can bless them. You may also use your own activities to teach other truths you find in these chapters.

2 Nephi 11:4–8; 25:26. We rejoice in Christ.

■ To help the children “rejoice in Christ” as Nephi did (2 Nephi 25:26), you could read 2 Nephi 11:4–8 or 2 Nephi 25:26 and share some of the reasons why Nephi rejoiced in Christ. What are some of the reasons you rejoice in Christ? You could have the children look at or draw a picture of the Savior and share why they rejoice in Christ. You can find pictures in the *Gospel Art Book* (2009), on LDS.org, or in Church magazines.

2 Nephi 12:2–3. I can prepare to go to the temple one day.

■ Many children are excited to go to the temple. What can they do now to prepare? Children may be able to identify blessings in 2 Nephi 12:2–3 that come from going to the temple. You may need to help them recognize that the “mountain of the Lord’s house” refers to the temple. They could draw a picture of themselves at the temple. Have any of the children been to a temple to visit the grounds or attend an open house? What did they see and how did they feel? What experiences can they share? What can you share from your own experiences with the temple?

2 Nephi 15:20; 17:14–15. I will choose good over evil.

■ To illustrate how Satan tries to make evil things look good (see 2 Nephi 15:20), you might show the children a stone disguised inside a candy wrapper. You could also show the first minute and a half of the video “Addiction: You Will Be Freed” (LDS.org) and talk about how a fisherman tries to disguise a harmful hook. As you read 2 Nephi 17:14–15 together, you could show pictures of Jesus choosing to do good (for example, see *Gospel Art Book*, nos. 33–35, 40–42). How can we be like Jesus and choose the right?



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ Children might sing “I Love to See the Temple,” “When He Comes Again,” or “Choose the Right Way” (*Children’s Songbook*, 95, 82–83, and 160).

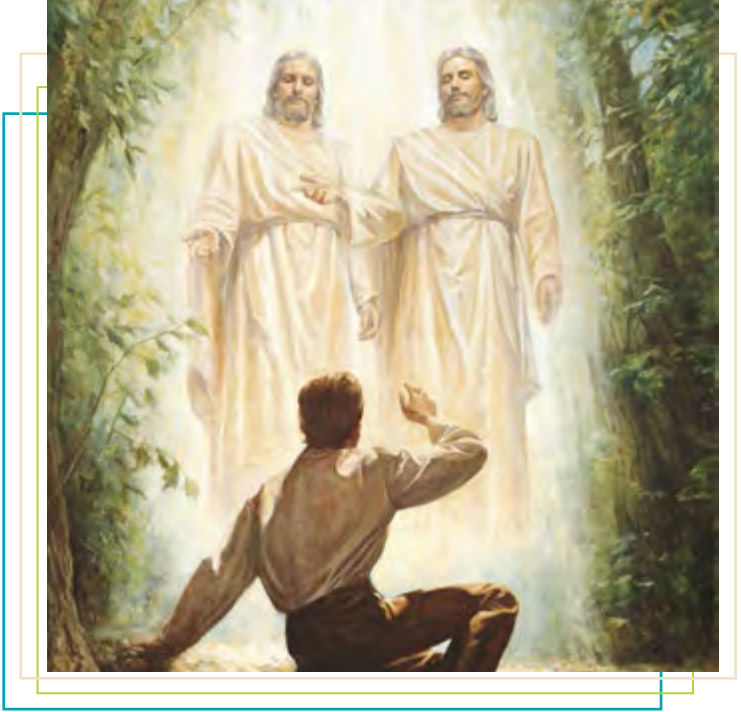
SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ Children could share how they think they will feel when the Savior comes again. They could also share what they are doing to prepare to make covenants in the temple.

2 NEPHI 26–30
February 29–March 6

“A Marvelous Work and a Wonder”



Preparing to Teach in Primary

.....

Begin your preparation to teach by reading 2 Nephi 26–30 before studying any supplemental material. Prepare your teaching plan and record your thoughts and impressions. You might also use some of the ideas on the next page or in *Come, Follow Me* for individuals and families.

ENCOURAGE SHARING

■ How can you encourage the children to share the feelings and experiences they had as they studied these scriptures individually and with their families? How can you also involve children who may not have read in advance?

TEACH THE DOCTRINE

■ As you teach the doctrine found in this week’s scriptures, what verses, quotations, experiences, questions, and other resources might you share with the children? How might you use these resources to help children learn gospel principles? How can you encourage children to act on the truths they learn in class?

ENCOURAGE SHARING AND LEARNING AT HOME

■ What can the children share at home with their families? How can you encourage them to continue to learn about the Book of Mormon at home?

MY TEACHING PLAN

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

IMPROVING OUR TEACHING

Encourage reverence.

As needed during class, you might remind children to be reverent by quietly singing or humming a song, displaying a picture of Jesus, or using a hand signal that the children recognize as a reminder to be reverent.

Additional Ideas

Use one or more of the activities below to help children learn the doctrines found in 2 Nephi 26–30. You may also use your own activities to teach other truths you find in these chapters.

2 Nephi 26:24–28, 33. Heavenly Father wants everyone to come unto Him.

■ Many children are naturally eager to share what they love about the gospel. How can you help them develop and act on those desires? 2 Nephi 26:24–28, 33 contains many inspiring phrases that apply to sharing the gospel. There are also many missionary-themed songs in the *Children’s Songbook*, such as “I Want to Be a Missionary Now” (page 168) that could inspire them. The children might also enjoy role-playing ways to talk about the Church with their friends.

2 Nephi 27:6. The Book of Mormon was written for me.

■ Do the children in your class understand that the Book of Mormon was written for them? You could show the first minute and a half of the video “The Gift—Daughters in My Kingdom” (LDS.org) to introduce this idea. This video uses a metaphor that many children enjoy: receiving a gift. How can you help the children think of the Book of Mormon as a gift to them? Would it help to let them talk about gifts they have received and then compare them to the Book of Mormon? Would they enjoy opening a gift-wrapped copy of the Book of Mormon? This lesson may also be a good time to help the children truly “receive” this gift by encouraging them to make plans to read the Book of Mormon.

2 Nephi 29:6–14. Heavenly Father speaks to me.

■ How can you help the children understand the powerful message in 2 Nephi 29 that God speaks to us today? It might help to let each child focus on only one or two verses. For example, they could read one of the following passages individually or in small groups and then share what they learn:

- 2 Nephi 29:8 (God speaks to us through the Book of Mormon and the Bible.)
- 2 Nephi 29:9–10 (God will always speak to His children.)
- 2 Nephi 29:11 (God speaks to prophets, and they write His words.)

Because many children are physically active, you may want to let them stand at the front of class to share. They could also talk about how they have felt God speak to them through the scriptures or living prophets. What will they do to better listen for Heavenly Father’s voice?



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ Consider singing “The Books in the Book of Mormon” or “I Hope They Call Me on a Mission” (*Children’s Songbook*, 119 and 169).

SHARING BY CHILDREN

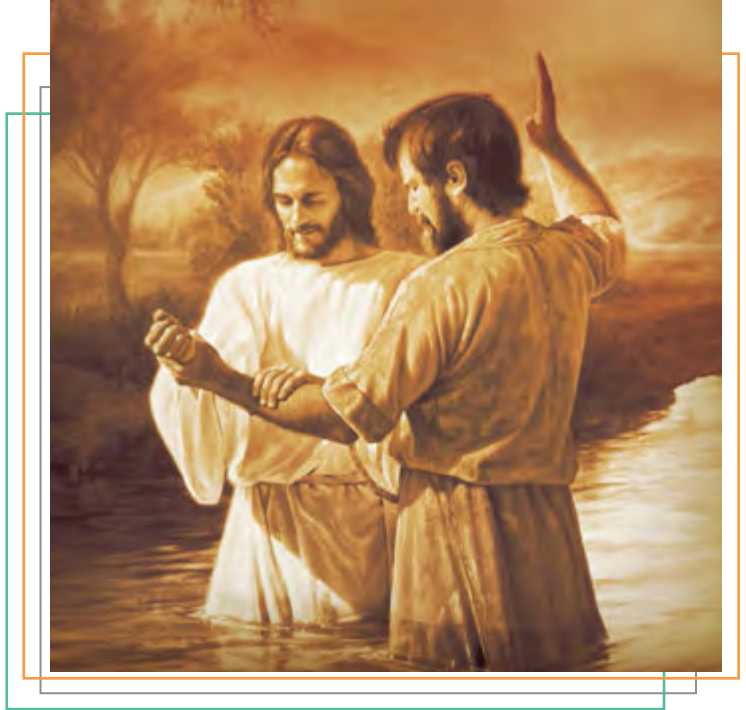
Create opportunities for children to share how they are learning and living the gospel.

■ Children could share an experience when they felt that Heavenly Father helped them find answers through prayer or the scriptures. They could also share some of the ways they can be missionaries now.

2 NEPHI 31-33

March 7-13

Following the Example of the Son of God



Preparing to Teach in Primary

Begin your preparation to teach by reading 2 Nephi 31-33 before studying any supplemental material. Prepare your teaching plan, and record your thoughts and impressions. You might also use some of the ideas on the next page or in *Come, Follow Me* for individuals and families.

ENCOURAGE SHARING

■ How can you encourage the children to share the feelings and experiences they had as they studied these scriptures individually and with their families? How can you also involve children who may not have read in advance?

TEACH THE DOCTRINE

■ As you teach the doctrine found in this week's scriptures, what verses, quotations, experiences, questions, and other resources might you share with the children? How might you use these resources to help children learn gospel principles? How can you encourage children to act on the truths they learn in class?

ENCOURAGE SHARING AND LEARNING AT HOME

■ What can the children share at home with their families? How can you encourage them to continue to learn about the Book of Mormon at home?

MY TEACHING PLAN

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

IMPROVING OUR TEACHING

Engage children in gospel discussions.

You may need to think of creative ways to engage younger children in gospel discussions. As you are creative and make learning fun for the children, it will be fun for you.

Additional Ideas

Use one or more of the activities below to help children understand how they can follow the Savior's example. You may also use your own activities to teach other truths you find in these chapters.

2 Nephi 31:4–13. Jesus Christ always obeyed Heavenly Father.

■ Whether your children have been baptized or are still preparing, Jesus Christ's obedience at the time of His baptism can inspire them. How can you help the children draw lessons from this story? Some of them may be able to share details about Jesus's baptism (see Matthew 3:13–27). Why did Jesus need to be baptized? Children could search key verses in 2 Nephi 31 (especially verse 7) and look for an answer. Younger children might like to sing a song, such as "Baptism" (*Children's Songbook*, 100–101), especially if you display pictures related to the verses. They could also share thoughts and experiences related to their own baptisms or the baptisms of family members or friends.

See also the picture on page 55 of *Come, Follow Me* for individuals and families.

2 Nephi 32:3–5. I can feast upon the words of Christ.

■ To help the children understand what it means to "feast upon the words of Christ," you could ask them to share memories of a favorite meal. Why do our bodies need food? How do the scriptures give us spiritual nourishment? Why does Nephi use the idea of feasting to teach us about how we should study God's word? How does studying the scriptures help us to know what to do?

2 Nephi 32:8–9. Heavenly Father wants me to pray often.

■ How can you help the children understand Nephi's counsel about prayer in 2 Nephi 32:8–9? You could quote simple phrases, like "Ye must pray always," and let the children find them in these verses. Or you might use other creative ways to get the children engaged in Nephi's words—unscrambling a phrase, playing a guessing game, or something else. What does it mean to the children to pray always? How can they do this? What can they do when they don't feel like praying?



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ Consider singing "Baptism" or "The Fourth Article of Faith" (*Children's Songbook*, 100 and 124).

SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ Children could share thoughts and feelings about their own baptisms or the baptisms of friends or family members. They could also share experiences in which praying or reading the scriptures helped them follow Jesus Christ.

Additional Ideas

Use one or more of the activities below to help children understand some of the things that Jacob taught his people. You may also use your own activities to teach other truths you find in these chapters.

Jacob 1:6–8, 15–19; 2:1–11. God calls Church leaders to guide me.

■ What can you do to help the children love and sustain the leaders of the Church? For instance, you could read phrases in Jacob 1:6–8, 15–19; 2:1–11 that describe Jacob’s calling and how he served, such as “errand from the Lord” (Jacob 1:17), “labored diligently” (Jacob 1:7), and “teach them the word of God” (Jacob 1:19). How could these phrases help the children feel love for their leaders? With permission from the bishop, you could invite a ward leader to talk to the class about receiving a call to serve and how he or she receives God’s help. What can you do to help the children show love for their leaders?

Jacob 2:12–21. I can help others feel happy by sharing with them.

■ There are many ways in which you might help children understand Jacob’s teachings about sharing the things God has given us. Children might enjoy silently acting out phrases from Jacob 2:17–19 (such as “feed the hungry” or “administer relief to the sick”) while the other children guess what they are doing. Children could also role-play sharing their talents, time, and other things God has given them in different situations.

Jacob 4:4–13. I can strengthen my faith in Jesus Christ.

■ Jacob’s faith in Jesus Christ became unshaken as he searched the words of prophets and received his own witness (see Jacob 4:6). What might help the children understand what it means to have unshaken faith? You could compare faith to things that become firm and secure over time, such as a large tree. What did Jacob do to make his faith unshaken? (see Jacob 4:6, 10–11). What can the children do to strengthen their faith?



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ Consider singing “Faith” or “‘Give,’ Said the Little Stream” (*Children’s Songbook*, 96 and 236).

SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ Children could talk about times when someone shared something with them and made them feel happy. They could also share how they can make their faith in Jesus Christ stronger.

Additional Ideas

Use one or more of the activities below to help children understand that Heavenly Father and Jesus Christ love them. You may also use your own activities to teach other truths you find in these chapters.

Jacob 5. Jesus Christ loves me.

■ Because children love stories, you may wish to tell them a simplified version of the allegory of the olive tree (see Jacob 5). Children could draw pictures of the story as they listen, look at pictures of an olive tree, or take a walk outside to look at trees. In this story, the Lord of the vineyard (who represents Jesus) worked very hard because He cared so much about His olive trees (which represent the people on earth). What do the children find in Jacob 5:11, 41, and 47 that shows how much Jesus cares about us? How else do the children know that Jesus loves them?

Jacob 6:4–5. Heavenly Father will forgive me.

■ To help the children better understand forgiveness, you could share the story that Elder Allen D. Haynie told about getting dirty in a mud pit (see “Remembering in Whom We Have Trusted,” *Ensign* or *Liahona*, Nov. 2015, 121). What questions could you ask to help them understand what this story teaches about forgiveness? You could also invite them to read Jacob 6:4–5 and look for words that describe what we need to do to repent.

Jacob 7:24–25. I can trust in Heavenly Father.

■ The Nephites were successful against their enemies because they both worked “with all their might” and trusted in God (Jacob 7:25). How could you help the children creatively illustrate the truths they find in these verses? For example, could they draw or build a fort or create an inspirational banner or flag? As part of this activity, children could sing “Seek the Lord Early” (*Children’s Songbook*, 108). How do they show that they trust God? How could they apply the truths they learn to their lives?



SHARING TIME

SINGING TIME

Help the children learn the gospel through music.

■ Consider singing “I Feel My Savior’s Love” or “Help Me, Dear Father” (*Children’s Songbook*, 74–75 and 99).

SHARING BY CHILDREN

Create opportunities for children to share how they are learning and living the gospel.

■ Children could share how they have felt the love of the Savior. They could also share how it feels to be forgiven.

Adapting to the Needs of Younger Children

In this resource, you will find many activities that will work for younger and older children, but some activities may need to be adapted to meet the needs of those you teach. Here are some things young children can do to learn:

- *Listen to or act out a story.* As you tell children scripture stories, you can invite them to help you. They can hold objects and visuals that help them learn the story. They can share parts of the story they know. They can draw pictures of what they are hearing. You may even assign roles to the children and let them act out the story. Help children see the gospel truths in the scripture stories they are learning.
- *Read a scripture.* Young children may not be able to read very much, but you can still engage them in learning from the scriptures. You may need to focus on a single verse or even a key phrase. As you read a scripture out loud, you could invite children to stand up or raise their hands when they hear a specific word or phrase that you want to focus on. As they hear the words of prophets, they will feel the Spirit.
- *See a picture.* When you show children a picture related to a gospel principle or scripture story, ask them questions that help them learn from the picture. For example, you could ask, “What is happening in this picture? What do you see? How does it make you feel?”
- *Learn or memorize a phrase.* Although many small children cannot read, they can learn key phrases from the scriptures. You can ask them to repeat phrases that teach gospel principles.
- *Sing about it.* Hymns and songs from the *Children’s Songbook* teach doctrine in a powerful way. Use the index at the back of the *Children’s Songbook* to find songs that relate to the gospel principles you are teaching.
- *Share experiences.* As children share experiences, they teach each other. You could invite a child to stand with a pretend microphone and share an experience. You could then invite the other children to ask the child questions about his or her experience.
- *Create.* Children can build, draw, or color something related to the story or principle they are learning. When they create something, they are excited to share it with others. Encourage them to take the creation home and share it in order to help them remember what they learned.
- *View object lessons.* An object lesson can help children understand a gospel principle that is difficult to comprehend. When using an object lesson, make it an interactive experience for the children rather than just something to watch.
- *Role-play.* When children role-play a real-life situation, they are able to see and practice how a gospel principle applies to their lives.

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS