

Buk blong Momon

Stadi Gaed blong Memba blong Klas



Ol Tingting mo Ol Aedia

Bae mifala i glad blong kasem ol tingting mo ol aedia blong yufala long saed blong stadi gaed ia. Plis sendem olgeta long:

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Plis, raetem nem blong yu, adres, wod, mo stek blong yu. Mekemsua se yu givim nem blong stadi gaed. Afta, givim ol tingting mo aedia blong yu long saed blong stadi gaed ia, olsem wanem hem i gud tumas mo wanem eria nao oli save mekem gaedbuk ia i kam gud moa.

Jos blong Jisas Kraes blong ol Lata-dei Sent i pablisim
Sol Lek Siti, Yuta

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Bislama

Fas Toktok

Long wan miting wetem olgeta Twelef Aposol, Profet Josef Smit “i bin talem long ol brata se Buk blong Momon i buk ia we i moa stret bitim eni narafala buk long wol, mo hem i ki ston blong rilijin blong yumi, mo wan man i save kam kolosap moa long God taem hem i stap folem ol tijing blong buk ia, bitim we taem hem i folem eni narafala buk” (*History of the Church*, 4:461; luk tu long fas toktok blong Buk blong Momon).

Stadi gaed ia, oli bin mekem blong hem i stap olsem wan kompanion blong stadi blong yu long saed blong Buk blong Momon. Oli bin serem long ol seksen we ol namba blong olgeta i folfolem olgeta mo oli go wetem ol lesen we i stap long Buk blong Momon Gospel Doktrin Lesenbuk. Wanwan seksen i givim ol riding blong wanwan i mekem long wanwan wik mo ol kwestin we bae i mekem stadi i kam gud moa. Bae yu save yusum ol kwestin ia blong yu yusum gud moa wanem we i stap insaed long ol skripja, blong statem ol toktok wetem ol famle memba abaot gospel, mo blong rere blong tekempat long wan gudfala wei insaed long klas.

Yu stap serem responsabiliti wetem tija blong Gospel Doktrin blong mekem

klas i kam gud evriwan. Lod i bin talem se ol tija oli nidim blong prij . . . wetem Spirit blong trutok mo olgeta we oli stap kasem ol tok blong trutok ia oli mas kasem wetem Spirit blong trutok (luk long D&C 50:17, 19). Taem yu kam long klas, yu mas rere blong givim sam tingting, askem ol kwestin, serem ol eksperiens, serem testemoni, mo lisin gud long tija mo ol nara memba blong klas. Taem yu stadi finis long ol riding blong wik we oli givim mo yu bin ting hevi long ol kwestin insaed long stadi gaed ia, bae yu rere gud moa blong gat wan eksperiens long ol toktok blong Lod we i bin talem se, hem we i prij mo hem we i lisin, tufala i andastanem tufala, mo tufala tugeta i kam antap mo oli stap glad tugeta (luk long D&C 50:22).

Stadi gaed ia i wan gudfala tul blong ol famle. Yu save yusum ol stadi kwestin blong statem wan toktok raon long topik blong gospel wetem ol memba blong famle. Mo tu, wanwan seksen i tekem wan tingting blong toktok raon long hem wetem famle. Ol memba blong famle bae oli save wantem blong lukluk long ol aedia ia taem oli stap rere long ol lesen blong ol famle haos naet.

Wetem prea, stadi long ol skripja ia: 1 Nifae 13:38–41; 19:23; 2 Nifae 25:21–22; 27:22; 29:6–9; Momon 8:26–41; Ita 5:2–4; Moronae 1:4; 10:3–5; Doctrine and Covenants 10:45–46; 20:8–12; 84:54–58. Mo tu, stadi long ol toktok we i stap long ol fas toktok blong Buk blong Momon.

- Folem nambatu paragraf blong taetol pej blong Buk blong Momon, wanem nao ol trifala stamba tingting blong Buk blong Momon?
- Wanem nao yu bin lanem long Buk blong Momon abaot Jisas Kraes? Olsem wanem nao Buk blong Momon i mekem testemoni blong yu abaot Jisas Kraes i kam moa strong ?
- Wanem skripja insaed long Buk blong Momon i bin givim yu insperesen?

Wan Tingting blong Toktok Raon wetem Famle

Olsem wan famle, ridim toktok ia we i kam long Presiden Marion G. Romney:

“Mi filim stret se, sapos insaed long ol hom blong yumi, ol papa mo mama bae oli ridim Buk blong Momon

wetem prea mo oltaem, tugeta, olgetawan mo wetem ol pikinini blong olgeta, spirit blong bigfala buk ia bae i fulumap ol hom blong yumi, mo evriwan we bae i stap laef insaed long hom ia. Spirit blong stap revren bae i kam antap; respek long wanwan mo tingting long narawan bae i gro. Spirit blong raorao bae i ronwe. Ol papa mo mama bae oli givim kaonsel long ol pikinini blong olgeta wetem bigfala lav mo waes. Ol pikinini bae oli mekem samting i gud moa mo oli save lisen long ol kaonsel blong papa mo mama blong olgeta. Stret mo gud fasin bae i kam antap. Fet, hop, mo jareti—we i stret lav blong Kraes—bae i fulap long ol hom mo laef blong yumi, mo bae i tekem wetem olgeta, pis, glad, mo hapines” (insaed long Conference Report, Epr. 1980, 90; o *Ensign*, Mei 1980, 67).

Tokbaot ol blesing we bae i kam long famle blong yu taem yu stap folem kaonsel ia. Mekem wan plan blong mit olsem wan famle evri dei blong stadi long Buk blong Momon, evri dei. Leftemap tingting blong wanwan memba blong famle blong tekem responsabiliti blong folem plan ia.

“Evri Samting we Hem I Wantem Mekem”

2

1 Nifae 1–7

- Wan long ol fas samting we oli tokbaot long Buk blong Momon i taem Lihae mo famle blong hem i aot long Jerusalem. Wanem samting nao i mekem se oli mas aot? (Luk long 1 Nifae 1:4–15, 18–20; 2:1–3.)
- From wanem ol pipol blong Jerusalem oli sakemaot mesej blong Lihae mo ol narafala profet? (Luk long 1 Nifae 1:19–20; 2:12–13; 16:1–2.) From wanem nao tedei, sam pipol oli go agensem Lod mo Ol Wokman blong Hem? Wanem

nao yumi save lanem long fasin blong Nifae long wei we bae i save mekem ol hat blong yumi i save tekem moa ol tijing blong ol profet? (Luk long 1 Nifae 2:16, 19.)

- From wanem nao famle blong Lihae i nidim blong kasem ol buk ia we oli mekem wetem bras? (Luk long 1 Nifae 3:3, 19–20; 4:15–16; luk tu long 1 Nifae 5:21–22; Mosaea 1:3–7.)

Taem yu stap stadi long 1 Nifae 2–4, komperem ol fasin blong Nifae wetem ol fasin blong Laman mo Lemyul. Bae yu save lukluk moa gud nao long ol skripja ia: 1 Nifae 1:1; 2:11–13, 16, 19; 3:5, 7, 14–15, 31; 4:1, 3.

Wan Tingting blong Toktok Raon wetem Famle

Toktok raon long from wanem famle blong Lihae i bin nidim ol bras buk ia. Tokbaot from wanem yu talem tangkyu tumas blong gat ol skripja ia. Afta, askem ol memba blong famle blong mekem wan lis blong ol fren we oli no gat ol kopi blong Buk blong Momon. Wetem prea, lukluk gud long ol wei blong givimaot ol kopi blong Buk blong Momon long sam o long evriwan ia we i stap long lis. Yu save givim wanwan kopi blong Buk blong Momon long wanwan memba blong famle blong hem i givimaot.

Visen blong Tri blong Laef

1 Nifae 8–11; 12:16–18; 15

Taem yu stap stadi long stori blong visen blong tri blong laef, lukaotem ol saen mo ol mining blong olgeta:

Tri blong laef (1 Nifae 8:10; 11:8–25)

Frut blong tri blong laef (1 Nifae 8:10–18, 30; 15:36; luk tu long D&C 14:7)

Rel blong aean (1 Nifae 8:19–24, 30; 11:25; 15:23–24)

Klaod blong tudak (1 Nifae 8:23–24; 12:17)

Reva blong doti wota (1 Nifae 8:13, 26, 32; 15:26–29)

Bigfala haos we i gat fulap spes (1 Nifae 8:26–28, 31, 33; 12:18)

- Taem oli soem tri blong laef long Nifae, hem i bin askem wanem nao mining blong hem (1 Nifae 11:8–11). Hem i lanem se tri ia i bin ripresentem wanem? (Luk long 1 Nifae 11:21–25.) Wanem nao Nifae i bin luk we i helpem hem moa blong hem i andastanem lav

blong God? (Luk long 1 Nifae 11:13–21, 24, 26–33; luk tu long Jon 3:16.)

- Olsem wanem nao Lihae mo Nifae oli tokbaot tri blong laef mo ol frut blong hem? (Luk long 1 Nifae 8:10–12; 11:8–9, 23; 15:36.)
- Insaed long visen, Lihae i bin luk “plante grup blong ol pipol” (1 Nifae 8:21). Oli save serem ol pipol ia long fo grup folem ol aksen blong olgeta blong lukaotem tri mo frut ia. Ridim 1 Nifae 8:21–33, mo lukaotem ol fo grup ia. Olsem wanem nao ol grup ia oli stap long wol tedei? Yu yu filim se yu stap insaed long wanem grup?

Wan Tingting blong Toktok Raon wetem Famle

Mekem aktiviti ia blong helpem ol memba blong famle oli andastanem gud moa visen blong tri blong laef ia:

Kavremap ae blong wan memba blong famle wetem wan kaliko mo tantanem hem long sekol. Eksplenem se kaliko ia i ripresentem klaod blong tudak ia. Afta, putum wan pikja blong Sevya samples long rum. Givim jalenj long memba blong famle blong wokbaot i go long pikja ia be i no gat wan i helpem hem. Taem evriwan i luk se i tru se hem i no save wokbaot i go

stret long pikja, mekem wan memba blong famle i stanap long saed blong pikja, i holem en blong wan string (we i ripresentem rel blong aean). Mekem wan narafala memba blong famle i holem narafala en. Afta, mekem memba blong famle we kaliko i blokem hem i holem string ia mo i wokbaot i go long pikja.

Ol Samting we Mi Bin Luk Taem we Spirit I Bin Karem Mi I Go Longwe”

4

1 Nifae 12–14

- Insaed long 1 Nifae 12, Nifae i tokbaot visen we hem i bin luk abaot fiuja blong sid blong hem (laen blong hem) mo laen blong ol brata blong hem. Long wanem wei sam saen long visen blong tri blong laef (klaod blong tudak, bigfala haos we i gat plante rum, mo reva blong doti wota) i ripresentem foldaon blong laen blong Nifae?
- Wanem nao Nifae i bin luk i kamaot “long medel blong ol kantri blong Ol Jentael”? (Luk long 1 Nifae 13:4–5.) Huia i statem bigfala mo rabis jos ia? (Luk long 1 Nifae 13:6.)
- Wanem nao bigfala mo rabis jos i bin mekem wetem buk ia? (Luk long 1 Nifae 13:20–26.) From wanem? (Luk long 1 Nifae 13:27.) Wanem nao sam long ol doktrin we oli had blong andastanem insaed long Baebol be oli kliia mo oli gudgudfala insaed long Buk blong Momon? Olsem wanem nao Buk blong Momon i bin help blong mekem

se yu save andastanem moa Baebol o i mekem testimoni blong yu abaot Baebol i kam antap moa?

- Nifae i bin luk se nating bae ol memba blong Jos blong Lod long ol las dei bae oli smol nomo, bae oli save winim ol rabis fasin blong bigfala mo rabis jos ia. Wanem nao Nifae i bin luk we Ol Sent blong God oli yusum blong faet? (Luk long 1 Nifae 14:14.) Olsem wanem nao yumi save yusum “stret fasin mo paoa blong God blong faet”?

Wan Tingting blong Toktok Raon wetem Famle

Ridim ol ves ia we oli jusum long 1 Nifae 12–14 olsem wan famle. Taem yu stap stadi long ol japta ia, luklukgud long ol profesi blong Nifae. Givim tingting long ol memba blong famle blong makem ol profesi ia long ol skripja blong olgeta. Mekem wan lis blong ol profesi ia we i bin kamtru finis.

1 Nifae 16–22

Taem yu stap stadi long 1 Nifae 16–18, lukaotem ol wei we Nifae i bin soem fasin blong obei, fet, mo strong paoa long tingting. Tingbaot ol wei we yu save folem eksampol blong Nifae.

- Olsem wanem wei we Nifae i fesem ol hadtaem blong hem i defren long wei we plante long ol memba blong famle oli stap folem? (Komperem 1 Nifae 18:16 wetem 1 Nifae 16:18–20, 34–36; 17:21.) Olsem wanem yumi save winim tingting ia blong wantem komplem taem yumi stap fesem ol hadtaem?

Stadi long ol skripja ia abaot fasin blong stap obei long ol komanmen blong God. Yu save makem ol skripja ia.

1 Nifae 3:7 D&C 130:20–21
1 Nifae 17:3 Abraham 3:25
D&C 82:10

Wan Tingting blong Toktok Raon wetem Famle

Tekem tu (2) pis rop—wan we i gud i stap mo wan we i olfala we ol smol rop blong hem i kamaot. Soem rop we i gud i stap, mo eksplenem se semmak we i impoten se ol tret blong rop ia oli mas stap taet strong tugeta oltaem, hem i impoten tu blong famle i wan oltaem. Afta, soem rop ia we ol tret blong hem i kamaot. Eksplenem se semmak olsem rop ia i nomo strong taem ol tret blong hem i seperet, ol famle oli nomo strong taem oli nomo wan.

Luklukbak long stori long 1 Nifae 16–18. Tingting long olsem wanem ol aksen blong wanwan memba blong famle blong Lihae i kasem yuniti blong famle. Tokbaot wanem nao yu save mekem olsem wan famle blong save kam moa yunaet.

“Fri blong Jusum Fridom mo Laef we I No Save Finis”

2 Nifae 1–2

2 Nifae 1 i tekem kaonsel we Lihae i bin givim long ol boe blong hem bifo hem i ded. Taem yu stap stadi long japta ia, lukaotem ol stret samting we Lihae i bin talemaot long ol boe blong hem blong oli mekem, mo ol blesing we hem i bin promes se bae oli kasem sapos oli obei long toktok blong hem.

Taem yu stap stadi long 2 Nifae 2, lukaotem ol toktok ia *fri*, *wok*, mo *jusum*. Yu save makem ol toktok ia taem yu faenem olgeta. Tekem taem

blong tingting strong long olsem wanem ol toktok ia oli impoten.

- Ridim 2 Nifae 2:6–8. Olsem wanem yumi save “mekem ol samting ia i go long evri man”? Olsem wanem taem yumi mekem ol samting ia i go long evri man i soem tangkyu blong yumi long Sevyu from Atonmen blong Hem?
- Ridim 2 Nifae 2:15–25 mo lukaotem (1) wanem i bin stap long taem blong Adam mo Iv bifo oli bin

kakae long tabu frut, mo (2) wanem we i kam agensem Adam mo Iv we tufala i bin gotru long hem afta we oli bin kakae long frut ia. Wanem nao ol blesing we yumi save kasem from sin blong Adam mo Iv i tekem samting we i save agens i kam long wol ia? (Luk long 2 Nifae 2:23–27; Moses 5:10–12.)

Wan Tingting blong Toktok Raon wetem Famle

Eksplenem se plante taem oli askem ol kwestin long ol misinari, we ansa blong ol kwestin ia i stap kliia long Buk blong Momon. Invaetem ol memba blong famle blong plei pat blong ol

misinari we oli stap askem olgeta ol kwestin we oli stap daon ia. Mekem olgeta oli ansa long ol kwestin ia, wetem ol skripja we i go wetem, we i stap long 2 Nifae 2.

1. Yu minim wanem taem yu talem se Jisas i Sevya? (Luk long 2 Nifae 2:5–10.)
2. From wanem God i letem tugeta, gud mo nogud long wol? (Luk long 2 Nifae 2:11–13.)
3. Mi no wantem plante komanmen. Yu no ting se bae fridom blong mi bae i smol nomo sapos mi folem ol tijing blong Jisas? (Luk long 2 Nifae 2:26–29.)

“Mi Save Long Huia we Mi Trastem”

7

2 Nifae 3–5

- Taem yu stap stadi long 2 Nifae 3, lukaotem ol tijing abaot Profet Josef Smit. Olsem wanem yu yu gat blesing long ol samting we Josef Smit i bin mekem?
- Olsem wanem nao Nifae i faenem hop nating we ol filing blong hem we temtesen mo sin “i bin raonem [hem]”? (Luk long 2 Nifae 4:18–25.) Olsem wanem we taem yu stap tingbaot ol blesing we yu bin kasem long taem we i pas finis, i helpem yu truaot long ol hadtaem?

Wan Tingting blong Toktok Raon wetem Famle

Olsem wan famle, ridim sam o ful 2 Nifae 4:15–35. Eksplenem se skripja ia, samtaem oli singaotem “Ol Sam blong Nifae.” Hem i tokbaot ol bigfala filing blong Nifae. Toktok raon long from wanem hem i impoten blong samtaem “raetem ol samting blong sol [blong yumi],” olsem we Nifae i bin mekem (2 Nifae 4:15). Leftemap tingting blong ol memba blong famle blong raetem ol filing blong olgeta plante taem. Wanwan taem bae oli wantem blong rekodem ol filing blong olgeta olsem wan poem o wan singsing blong presem Hem.

“O Hamas Nao Gudfala Fasin blong God blong Yumi”

8

2 Nifae 6–10

2 Nifae 9 i tekem wan toktok blong Jakob, wan long ol yangfala brata blong Nifae, abaot Atonmen blong Jisas Kraes, we hem i stamba samting long plan blong fasin blong sevem man. Blong andastanem ol tijing insaed long japta ia, hem i help bigwan blong save mining blong ol toktok ia, *ded blong bodi* mo *ded blong spirit*.

- Wanem nao Sevyia i bin mekem blong winim ded blong bodi mo ded blong spirit? (Luk long 2 Nifae 9:5–7, 12, 21–22; luk tu long Luk 22:44; Mosaea 3:7; D&C 19:16–19.)
- Folem Jakob, wanem nao sam long ol samting we yumi mas mekem blong save stap “sev insaed long kingdom blong God” o bae blong save stap laef wetem God oltaem? (Luk long 2 Nifae 9:18, 21, 23–24, 39, 41, 50–52.)
- Wanem nao sam long ol fasin mo aksen we oli blokem yumi blong kasem evri blesing blong Atonmen? (Luk long 2 Nifae 9:27–38.)

- Jakob i bin profesae se ol laen blong Ol Man blong Nifae bae oli “ded long bodi blong mit mo bun from oli no gat bilif” mo se Ol Jiu long Jerusalem bae oli krusifaem Sevyia mo bae oli seraot long medel blong evri kantri from sin blong olgeta (2 Nifae 10:2–6). Wanem nao bae Lod i mekem blong ol pipol we oli bilif long Hem mo oli sakem ol sin blong olgeta? (Luk long 2 Nifae 10:2, 7–8, 21–22; luk tu long 1 Nifae 21:15–16; 2 Nifae 9:1–3, 53; 30:2.) Olsem wanem nao samting ia i kam tu long wanwan long yumi ?

Lukluk long olsem wanem wanwan toktok o sentens long ol ves ia i talemaot bigwan mining blong toktok blong Jakob:

2 Nifae 9:10	2 Nifae 9:28
2 Nifae 9:14	2 Nifae 9:39
2 Nifae 9:18	2 Nifae 9:51

Wan Tingting blong Toktok Raon wetem Famle

Invaetem ol memba blong famle blong toktok raon long wanem we Sevyia i bin mekem blong olgeta wanwan mo blong famle.

“Sol blong Mi I Glad long Ol Toktok blong Aesea”

9

2 Nifae 11–25

Bifo yu stat blong stadi long ol tijing blong Aesea long 2 Nifae 11–25, ridim toktok ia we i kam long Elda Boyd K. Packer:

“Buk blong Momon i wan buk blong skripja. Hem i wan narafala testeman blong Jisas Kraes. Oli raetem long lanwis blong baebol, we i lanwis blong ol profet.

“Long plante pat blong hem, stael blong hem i isi olsem lanwis we i stap long Niu Testeman, wetem ol toktok olsem *i toktok i go i bin toktok*, mo *long*, mo *i bin hapen se*, mo *olsem ia nao*, mo *yu yu*, mo *blong yu*.

“Bae yu no save ridim plante pej blong buk ia kasem taem we bae yu kasem stael blong lanwis ia mo ol toktok bae oli isi blong andastanem. Wan samting we i tru, i we plante long ol yangfala pipol oli save andastanem gud toktok we i stap long Buk blong Momon.

“Afta, taem yu kasem gud mo yu stap ridim gud, bae yu fas wan ples. Stael blong lanwis i jenis i go long hemia blong OlTesteman, we i lanwis blong profesi. Hemia, from se insaed long ol toktok ia, i gat ol japta we i tekem ol profesi blong profet blong OlTesteman,

profet Aesea. Oli stap olsem wan fanis, olsem wan samting we i blokem rod o olsem wan ples blong jek, mo man we i stap rid wanwan taem, wan we i wantem blong luk nomo, bae i nomo save go moa.

“Yu tu, bae yu gat temtesen ia se bae yu stop long ples ia, be yu no mekem olsem! Yu no stop blong rid! Gohed long ol japta ia we i had blong andastanem we i semmak olsem olgeta blong profesi blong OlTesteman, nating yu andastanem smol nomo, gohed blong rid. Gohed nating yu stap lukluk wanwan toktok long ples ia, mo sam narawan long wan narafala pej. Gohed, nating yu stap lukluk nomo long ol toktok. . . .

“. . . Lod i bin gat wan stamba tingting blong holem taet ol profesi blong Aesea insaed long Buk blong Momon, nating hem i kam olsem wan samting we i kam blokem man we i stap rid wanwan taem.

“Olgeta we oli neva ridim bitim ol japta blong Aesea, oli stap mestem ol rij samting blong olgetawan we i stap long rod ia” (insaed long Conference Report, Epr. 1986, 76–77; o *Ensign*, Mei 1986, 61).

“Hem I Askem Evriwan blong Oli Kam long Hem”

10

2 Nifae 26–30

2 Nifae 26–30 i tekem ol profesi we i gat paoa long hem abaot ol las dei. Nifae i bin profesae abaot ol pipol we bae Setan i giaman long olgeta, mo bae oli go longwe long trutok. Be, hem i bin luk tu fastaem, Restoresen blong

gospel mo ol blesing we bae gospel ia bae i givim long ol stret mo gud man.

- Wanem nao sam long eksampol we i stap long 2 Nifae 28 abaot ol trik blong Setan blong giaman long yumi? Olsem wanem nao yu save

stap longwe long ol trik ia blong oli no spolem yu? (Luk long, eksampol, 1 Nifae 15:24; 2 Nifae 28:30; Alma 17:2-3; Moronae 7:15-19; D&C 21:1-6; 46:7.)

- From wanem yumi mas stadi long Buk blong Momon antap long Baebol? (Luk long 2 Nifae 29:4-14; luk tu long 2 Nifae 28:30.)

Wan Tingting blong Toktok Raon wetem Famle

Mekem wan memba blong famle i stanap long medel blong rum. Eksplenem se long wanem we bae yu soem, eria we i stap long raet blong hem we i stanap long medel i evri samting we i ripresentem ol gudfala samting we oli save mekem long laef. Eria we i stap longwe long raet saed oli ol nambawan samting we oli save mekem. Eria long lef saed i ripresentem evri rong samting we oli save mekem long laef. Mo eria we i stap longwe long lef saed i ripresentem ol prapa rabis samting we oli save mekem.

Eksplenem se Elda Richard G. Scott i bin presentem wan objek lesen we i kolosap semmak. Afta, hem i talem: “Insaed long medel, hem i had tumas blong luksave wanem we hem i raet mo wanem we hem i rong. Eria long medel i ples we Setan i stap wok wetem ol stret mo gud pipol. . . . Hem i isi blong tingting i fasfas long ples ia. Yu mas laef gud insaed long gudfala eria blong gud samting we Lod i bin putum i stap mo i makem gud, mo bae yu no save gat problem wetem temtesen. Sapos yu no save stret se wan samting i stret blong lukluk, blong lisin long hem, blong tingting long hem, nao go longwe long hem. Long ol taem olsem, yu save stap go foldaon long wan long ol trik blong Setan” (“Do What Is Right,” *Ensign*, Jun 1997, 53-54).

Toktok raon long olsem wanem yumi save yusum aktiviti ia tu long ol tingting we yumi mas mekem mo long ol temtesen we ol memba blong famle oli fesem evri dei.

“Wokbaot Fored wetem Strong Bilif long Kraes”

11

2 Nifae 31-33

- Nifae i statem ol las raeting blong hem, mo hem i talem se “sam toktok we [hem] i mas talemaot long saed blong doktrin blong Kraes” (2 Nifae 31:2) Folem ol tijing blong Nifae long 2 Nifae 31, olsem wanem nao yu save eksplenem o talem mining blong “doktrin blong Kraes”?

Wan Tingting blong Toktok Raon wetem Famle

Rere long tebol blong kakae tugeta long naet, mo talem long ol memba blong famle se bae yu tekem kakae long olgeta. Taem ol memba blong famle oli sidaon long tebol, putum kakae long plet blong olgeta we i moa

smol bitim wanem we oli stap kakae oltaem. Afta, statem toktok ia we bae yufala i toktok raon long hem:

- Olsem wanem yumi save komperem ol skripja stadi blong yumi long hemia blong kakae nomo wan smol kakae?
- Olsem wan famle, ridim 2 Nifae 32:3. Yu ting se hem i minim wanem blong “kakae gud long ol toktok blong Kraes”? (2 Nifae 32:3) Wanem nao yumi save mekem blong mekem se skripja stadi blong yumi wanwan mo olsem wan famle i olsem wan gud kakae?

Jekob 1–4

Blong lanem moa abaot profet Jekob, ridim ol skripja ia: 1 Nifae 18:7; 2 Nifae 2:1–4; 6:2–4; Jekob 1:1–2, 18–19.

- Profet Jekob i bin givim woning agensem fasin blong lavem ol rij samting, fasin blong tingting hae, fasin blong no stap obei long loa blong jastiti, fasin blong gat rabis tingting long saed blong kala blong skin blong man (Jekob 2:12–16, 22–23; 3:5, 9). Afta we hem i askem ol pipol blong hem blong kam blong sakem sin, hem i endem toktok blong hem wetem testimoni blong hem abaot hop blong kasem fogivnes tru long Atonmen. Olsem wanem yumi save kasem hop long Kraes we Jekob i stap tokbaot? (Luk long Jekob 4:4–12.)

Jekob i tok strong long Ol Man blong Nifae we oli stap mekem nogud ol waef mo pikinini blong olgeta (luk long Jekob 2:9, 31–32, 35). Ol lida

blong Lata-dei Jos oli bin givim tu ol strong woning agensem eni kaen fasin blong abius. Fas Presidensi mo Kworom blong Olgeta Twelef oli bin givim woning se “olgeta we oli stap mekem nogud long ol man, woman o pikinini blong olgeta, mo oli no mekem evri famle wok we oli mas mekem, bae oli mas lukaot from se God bae i jajem olgeta from ol samting ia wan dei” (“Famle: Wan Ofisiol Toktok i Go long Wol,” 35602 852).

Wan Tingting blong Toktok Raon wetem Famle

Mekem ol memba blong famle oli ridim Jekob 2:35. Afta, askem ol kwestin ia:

- Wanem sam long ol samting we yumi save mekem o talem we i save brekem ol hat blong ol narafala? Wanem yumi save mekem blong mekem se i gat moa yuniti mo lav insaed long ol hom blong yumi?

Stori olsem Parabol blong Ol Olif Tri

Jekob 5–7

Jekob 5 i talem stret toktok blong stori blong parabol blong Sinos, wan Hibru profet we i tokbaot plante taem long Buk blong Momon. Wan stori olsem parabol i olsem we oli yusum wan samting o wan samting we i bin tekem ples blong tokbaot wan narafala samting. Jat ia i save leftemap save blong yu long saed blong stori ia olsem parabol:

Saen	Mining
Plantesen	Wol
Masta blong plantesen	Jisas Kraes
Olif tri we i no wael	Haos blong Isrel, ol kavenan pipol blong Lod

Saen	Mining
Olif tri we i wael	Ol Jentael (ol pipol we oli no bon insaed long haos blong Isrel)
Ol branj	Ol grup blong ol pipol
Ol wokman	Ol profet mo ol narafala we oli singaotem olgeta blong wok
Frut	Ol laef mo ol wok blong ol pipol

Wan Tingting blong Toktok Raon wetem Famle

Eksplenem se ol wokman we oli tokbaot long Jakob 5:61–72 oli Ol Lata-dei Sent we oli stap serem gospel (D&C 133:8). Toktok raon long ol wei we ol memba blong famle oli save rere blong serem gospel, tugeta olsem ol ful-taem misinari mo long ol aktiviti blong evri dei. Setem wan gol we bae i helpem ol memba blong famle blong kam rere gud moa long misinari wok.

“Blong Wan Waes Stamba Tingting”

14

Inos, Jerom, Omnae, Ol Toktok blong Momon

- Olsem wanem Inos i tokbaot prea blong hem long Lod? (Luk long Inos 1:2.) Wanem nao stori blong hem blong stap lukaotem blong kasem fogivnes i save tijim yumi long saed blong sakem sin? Wanem nao stori ia i stap tijim yu abaot prea?
- Olsem wanem yumi save “givim ol ful sol [blong yumi] olsem wan ofring” long Sevyia? (Omnae 1:26).
- Wanem nao hem i ful stamba tingting we Momon i talem abaot tabu rekod ia we hem i raetem i sot? (Luk long Ol Toktok blong Momon 1:2, 8; luk tu long taetol pej blong Buk blong Momon.) From wanem nao hem i impoten blong yumi mas ridim Buk blong Momon wetem tingting ia long maen blong yumi?

Wan Tingting blong Toktok Raon wetem Famle

Eksplenem se olgeta we oli raetem ol buk blong Inos, Jerom, mo Omnae, oli bin komandem olgeta blong lukaot gud long rekod mo blong oli ademap rekod blong ol pipol blong olgeta. Ol Lata-dei Sent oli bin kasem kaonsel tu blong kipim ol histri blong olgetawan mo tu blong famle blong olgeta. Sapos yu gat jenol blong wan bubu blong yu, ridim sam long ol toktok insaed long hem olsem wan famle. Toktok raon long olsem wanem hem i impoten blong kipim ol jenol blong yumiwan mo ol famle histri blong yumi.

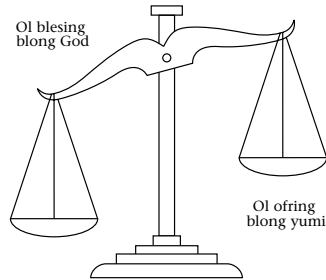
“Yu Gat Wan Kaon we I No Save Finis long Papa blong Yu long Heven”

Mosaea 1-3

- Long taem blong rul blong King Benjamin, wanem nao hem i defren bitwin Ol Man blong Nifae, we oli bin stadi long ol skripja, mo Ol Man blong Leman, we oli no bin stadi long ol skripja? (Luk long Mosaea 1:5.) Olsem wanem nao yu luk se ol samting ia we i defren long taem ia, i stap tu long sosaeti blong yumi tedei?
- Ridim Mosaea 2:20-21, 34. Hem i minim wanem blong stap olsem “ol wokman we i no save winim wan samting” we yumi “gat wan kaon we i no save finis long . . . Papa blong Heven”? From wanem nao yumi stap olsem ol wokman we i no save winim wan samting long ae blong God iven sapos yumi presem mo sevem Hem wetem ful sol blong yumi? (Luk long Mosaea 2:22-25; luk tu pikja long pej ia.) Wanem nao hemia i tijim yumi abaot lav we Papa blong yumi long Heven i gat long yumi?
- Wanem nao yu lanem abaot Atonmen blong Jisas Kraes long Mosaea 2-3?

Wan Tingting blong Toktok Raon wetem Famle

Droem wan skel long wan pis pepa, olsem we oli soem antap ia.



Askem ol memba blong famle from wanem skel ia i no stap stret gud. Afta, mekem olgeta oli ridim strong Mosaea 2:20-25. Taem oli stap ridim, invaetem olgeta blong lukluk long ol ofring we yumi save givim long Lod mo blong lukaotem ol blessing we Hem i givim long yumi. Listim ol ofring blong yumi long saed blong skel we oli raetem *Ol Ofring blong Yumi*. Listim ol blessing blong God long saed blong skel we oli raetem *Ol Blessing blong God*. Helpem ol memba blong famle blong luksave se oltaem bambae yumi gat kaon long Hem. Talemaot tangkyu blong yu from ol blessing blong God.

Mosaea 4–6

- Yu ting se from wanem nao King Benjamin i talemaot gud se ol pipol blong hem “oli nating nomo” mo oli no klin inaf? (Luk long Mosaea 4:5–8, 11–12.) From wanem nao hem i nid blong yumi luksave se yumi mas dipen long Lod?
- Folem King Benjamin, wanem nao ol wok we papa mo mama i mas mekem long ol pikinini blong olgeta? (Luk long Mosaea 4:14–15.)
- King Benjamin i bin givim instraksen tu long ol pipol blong hem blong oli lukaotem olgeta we oli stap long nid (Mosaea 4:16–17, 22). From wanem nao yumi mas “gat bigfala stamba tingting blong sakem sin” sapos yumi no wantem blong stap helpem olgeta we oli stap long nid? (Luk long Mosaea 4:18–23.) Long wanem wei nao yumi evriwan yumi man blong askem samting? (Luk long Mosaea 4:19–20.)
- Wanem kaonsel nao King Benjamin i bin givim long olgeta we oli pua we oli no save serem wanem we oli gat? (Luk long Mosaea 4:24–25.) Olsem wanem nao yumi save kam antap blong gat wan bigfala hat nating sapos yumi gat mane o no?
- King Benjamin i bin tijim ol pipol blong hem se, blong stap longwe long sin mo blong holem taet komitmen blong olgeta wetem God,

oli mas lukaotgud long ol tingting, ol toktok, mo ol aksen blong olgeta (Mosaea 4:29–30). Olsem wanem ol tingting, ol toktok mo ol aksen blong yumi oli joen wanples?

- Wanem pat nao Spirit blong Lod i gat long ol pipol taem King Benjamin i bin stap toktok long olgeta? (Luk long Mosaea 5:2–5.) Olsem wanem bae ol laef mo ol rilesensip blong yumi bae oli jenis sapos yumi “nomo wantem blong mekem nogud fasin”?
- Hem i minim wanem blong kam olsem ol pikinini blong Kraes? (Luk long Mosaea 5:2, 5–7.) Hem i minim wanem blong “tekem long [yumiwan] nem blong Kraes”? (Luk long Mosaea 5:8–11; luk tu long toktok we i stap long nekis pej.) Wanem nao yumi save mekem evri dei blong helpem yumi blong kipim nem blong Kraes i stap long ol hat blong yumi? (Luk long Mosaea 5:11–15.)

**Wan Tingting blong Toktok Raon
wetem Famle**

Ridim Mosaea 4:16–27 olsem wan famle. Toktok raon long ol samting we yufala i save mekem tugeta blong helpem ol pipol we oli stap long nid. Yu save mekem plan blong gat wan seves projek. Yu save tokbaot tu ol fas ofring mo olsem wanem oli stap yusum olgeta.

“Wan Sia. . . Hem I Kam Wan Bigfala Help long Ol Pipol we Oli Stap Wetem Hem”

17

Mosaea 7–11

Taem yu stap stadi long Mosaea 7–11, lukaotem ol skripja we oli stap tijim olsem wanem i impoten blong folem kaonsel blong ol lida blong Jos, speseli olgeta we Lod i singaotem olgeta olsem ol profet, ol sia mo ol reveleta.

- Olsem wanem Amon i tokbaot rol blong wan sia? (Luk long Mosaea 8:16–18.) Olsem wanem Abinadae i bin fulfilim rol ia blong wan sia? (Lukaotem ol spesel eksampol long Mosaea 11.)

Samtaem yumi save kasem sam moa tingting aot long ol skripja taem yumi komperem tu pipol we oli stap long sem situesen. Yusum jat ia blong komperem wanem i defren bitwin King Noa mo King Benjamin:

King Noa	King Benjamin
Mosaea 11:2	Mosaea 2:13
Mosaea 11:3–4, 6	Mosaea 2:12, 14
Mosaea 11:5, 7	Ol Toktok blong Momon 1:17–18

Wan Tingting blong Toktok Raon wetem Famle

Eksplenem se ol memba blong Fas Presidensi mo Kworom blong olgeta Twelef Aposol oli ol profet, ol sia, mo ol reveleta. Toktok raon long olsem wanem nao ol profet blong lata-dei, ol sia, mo ol reveleta oli stap olsem wan “bigfala help” long yumi (Mosaea 8:16–18). Afta, luklukbak long wan toktok blong las konfrens we Presiden blong Jos i bin givim.

“God Hemwan . . . Bae Hem I Pemaot Ol Pipol blong Hem”

18

Mosaea 12–17

Taem yu stap stadi long Mosaea 12–17, lukaotem stamba mesej blong King Noa mo ol pris blong hem. Askem yuwan from wanem Abinadae i glad blong save ded blong mekem se mesej blong hem i save gotru.

- Afta Abinadae i stanap agensem ol wok blong ol pris we oli mekem blong “trikim hem”, wan long ol pris i askem wan kwestin long hem abaot wan skripja (Mosaea 12:20–24; mekem wan memba blong klas i ridim laod ol ves ia). From wanem nao ol pris oli no save andastanem

skripja ia? (Luk long Mosaea 12:25–27. Tingbaot se bae yufala i toktok raon long mining blong skripja ia long nara lesen.) Hem i minim wanem blong yumi andastanem samting wetem ol hat blong yumi ?

- Hem i minim wanem blong “raetem [ol komanmen] long ol hat” blong yumi? Olsem wanem nao we taem yumi raetem ol komanmen long ol hat blong yumi i save mekem se yumi wantem blong obei long olgeta?

- Wanem nao sam long ol samting we yu lanem abaot Sevya aot long profesi we i stap long Mosaea 14?
- Long en blong toktok blong hem, wanem nao Abinadae i askem strong blong Noa mo ol pris blong hem, blong oli mekem? (Luk long Mosaea 16:13–15.) Olsem wanem nao yu save yusum kaonsel ia long ol laef blong yu?
- Nomata bae yu no save ded from fet blong yu, be long wanem wei nao yu save folem eksampol blong Abinadae?

Wan Tingting blong Toktok Raon wetem Famle

Olsem wan famle, mekem wan lis blong ol pipol we, olsem Abinadae, oli bin givimaot mesej blong Atonmen blong Jisas Kraes nating we oli bin stap long wan bigfala denja (luk long, eksampol, Ol Wok 4:1–12; 1 Nifae 1:18–20; Mosaea 18:1–2; Hileman 13:1–7). Sapos yu save sam memba blong famle we oli bin mekem misinari wok long ol hadtaem, tokbaot eksperiens blong olgeta. Leftemap tingting blong ol memba blong famle blong rekodem ol eksperiens ia long ol jenol blong olgeta.

“I No Gat Wan Man we I Save Mekem Olgeta I Go Fri be Lod Nomo”

19

Mosaea 18–24

Mosaea 18 i stap eksplenem kavenan blong baptaes. Bifo yu stadi long japta ia, ridim toktok ia we i kam long Presiden Joseph Fielding Smith:

“Wan kavenan i wan kontrak mo wan agrimen we man o moa man o grup i mekem blong folem. Ol man i agri blong kipim ol komanmen mo Lod i stap promes blong blesem olgeta folem agrimen ia” (insaed long Conference Report, Okt. 1970, 91; o *Improvement Era*, Dis. 1970, 26).

- Wanem nao yumi kavenan blong mekem taem yumi kasem baptaes? (Luk tu long Moronae 6:2–3; D&C 20:37.) Wanem nao Lod i stap promes blong mekem taem yumi kasem baptaes mo kipim ol kavenan blong yumi blong baptaes? (Luk long Mosaea 18:10, 12–13; luk tu long 2 Nifae 31:17.)
- From wanem nao Lod i blesem ol pipol blong Alma taem oli stap

olsem ol slef, i moa kwik mo long wan bigfala wei bitim we taem hem i bin blesem ol pipol blong Limhae? (Komperem Mosaea 21:5–15 wetem Mosaea 23:26–27; 24:10–16.) Olsem wanem nao hemia i semmak tu long ol laef blong yumi?

- From wanem nao ol hevi samting blong yumi oli nomo hevi tumas blong yumi karem taem yumi “stap andanit wetem bigfala glad mo fasin blong save wet longtaem long evri wok blong Lod”? (Mosaea 24:15). Long wanem wei nao Lod i bin mekem yu yu kam strong, blong helpem yu “blong karem ol hevi samting ia [blong yu] i isi nomo”?
- Wanem nao yumi save lanem aot long ol pipol blong Limhae mo Alma long saed blong kam fri long fasin blong stap slef long sin? (Luk long Mosaea 7:33; 21:14; 23:23; 29:18–20; luk tu long D&C 84:49–51.)

Wan Tingting blong Toktok Raon wetem Famle

Toktok raon long ol kwestin we i stap long pej fastaem long hemia abaot kavenan blong baptaes. Invaetem ol

memba blong famle we oli bin kasem baptaes blong oli serem ol memori blong olgeta long taem we oli bin baptaes.

“Sol Blong Mi I Nomo Soa”

20

Mosaea 25–28; Alma 36

Mosaea 25–28 mo Alma 36 i tekem ol stori blong Alma mo ol boe blong Mosaea we oli bin konvet long wei blong merikel. Taem yu stap stadi long ol japta ia, tekem taem blong tingting strong long taem we yu yu kam konvet.

- From wanem hem i impoten blong “fogivim . . . yufala wanwan”? (Mosaea 26:31). Olsem wanem nao yu bin gat blesing taem yu bin fogivim wan o taem wan i bin fogivim yu?
- From wanem nao Lod i bin sendem wan enjel blong toktok wetem Yangfala Alma mo ol kompanion blong hem? (Luk long Mosaea 27:14.) Olsem wanem nao prea i save helpem yumi taem i gat wan we yumi lavem i stap go longwe long gospel?

Lukluk long ol toktok mo sentens long Mosaea 27 mo Alma 36 we oli stap tokbaot olsem ol filing blong Alma oli defren bifo mo afta we hem i kasem fogivnes. (Eksampol, luk long Mosaea 27:29. Bifo Alma i kasem fogivnes, “sol blong [hem] i soa wetem trabol we i no save finis.”

Afta we hem i kasem fogivnes, “sol blong [hem] i nomo soa.”)

Wan Tingting blong Toktok Raon wetem Famle

Askem kwestin ia long ol memba blong famle:

- Wanem nao ol samting blong luklukgud long olgeta taem wan i wantem rere blong sevem wan misin? (Helpem ol memba blong famle blong luksave se *weaples* oli sevem misin i no impoten tumas long *from wanem* yumi sevem misin mo *olsem wanem* yumi sevem misin.)

Mekem ol memba blong famle oli lukluk long Mosaea 28. Eksplenem se japta ia i tekem wan stori blong ol boe blong Mosaea, we oli bin wantem blong kam ol misinari long ol man blong Leman.

- From wanem ol boe blong Mosaea oli wantem prij long ol man blong Leman? (Luk long Mosaea 28:2–3.) Olsem wanem yumi save leftemap komitmen blong yumi blong serem gospel?

Mosaea 29; Alma 1–4

Taem evri boe blong King Mosaea oli no bin wantem blong tekem ples blong hem olsem wan king, Mosaea i sendem wan pablik toktok i go long ol pipol, mo i givimaot wan gavman sistem blong i tekem ples blong ol king afta we bae hem i ded. Taem yu stap stadi long Mosaea 29, tingting long wanem nao ol toktok blong King Mosaea oli tijim abaot ol kaen lida we bae oli save help blong “karem pis i kam long ol pipol” (Mosaea 29:10).

- Long fas yia blong ol rul blong ol jaj, wan man, we nem blong hem Nehor, oli bin tekem hem i kam long fored blong Alma blong hem i jajem hem (Alma 1:1–2, 15). Wanem nao Nehor i bin stap tijim long ol pipol? (Luk long Alma 1:3–4.) Wanem nao i kamaot long ol tijing blong hem? (Luk long Alma 1:5–6.) Yu ting se from wanem nao ol tijing blong Nehor oli stap pulum plante pipol? Wijwan long ol sem tijing ia nao yu bin harem long ol dei blong yumi?

- Wanem nao Alma i mekem from ol pipol oli bin stap gat hae tingting mo rabis fasin? (Luk long Alma 4:15–19.) Olsem wanem nao we fasin blong prijim tok blong God i save “stretem [ol pipol] blong tingbaot wok blong olgeta”? Olsem wanem nao we taem yumi prijim tok blong God, i save “putum daon” evri hae tingting mo fasin blong giaman mo evri rao?

Wan Tingting blong Toktok Raon wetem Famle

Ridim Alma 4:15–20 olsem wan famle. Afta, askem ol kwestin ia:

- Yu ting se from wanem i no gat wan narafala wei blong Alma blong hem i helpem ol pipol be blong hem i “no talemaot strong wetem klin testemoni agensem olgeta”? Wanem nao ol problem long wol tedei we oli save stretem olgeta tru long fasin blong stap prijim mo laef folem gospel?

“Yufala I Bin Kasem Pikja blong Hem long Fes blong Yufala?”**Alma 5–7**

Alma 5 i kavremap ova long 40 kwestin. Lukaotem ol kwestin ia mo ting hevi long olsem wanem bae yu ansa long olgeta.

- Long ful toktok blong hem long ol pipol long Sarahemla, Alma i bin tokbaot blong gat eksperiens blong wan “bigfala jenis” long hat mo blong “bon long God” (Alma 5:14). Plante taem yumi yusum ol toktok ia *blong jenisim laef* taem yumi tokbaot eksperiens ia. Hem i minim wanem blong jenisim laef? (Luk long Mosaea 5:2; 27:24–26.)

Wan Tingting blong Toktok Raon wetem Famle

Ridim Alma 5:14, 19 olsem wan famle. Eksplenem se toktok ia *fes* long ples ia i stap tokbaot ol fasin blong wan o wei we fes blong wan i talemaot fasin blong hem.

- Yu ting se i minim wanem blong “kasem pikja blong God long fes blong [yumi]”? Wanem nao yu bin luk long ol narafala pipol we i soem se oli bin “kasem pikja blong Hem long fes blong [olgeta]”?

Alma 8–12

- Afta we hem i stanemap oda blong Jos long medel blong ol pipol blong Gidion mo Melek, Alma i bin go prij long graon blong Amonaeha. Wanem jalenj nao hem i bin fesem long Amonaeha? (Luk long Alma 8:8–9.)
- Wanem toktok nao long Alma 8:10 i tokbaot ol bigfala wok blong Alma long Amonaeha? Olsem wanem nao ol pipol blong Amonaeha oli ansa long prijing blong Alma? (Luk long Alma 8:11–13.)

Taem yu stap stadi long Alma 8:18–32 mo Alma 10–11, lukaotem ol wei we Amulek i bin jenis taem hem i bin obei long mesej blong enjel mo hem i bin stap wok olsem kompanion blong Alma.

- Olsem wanem, yumi filim long hat blong yumi bae i tajem tu andastaning blong yumi long ol toktok blong God? (Luk long Alma 12:9–11.) Olsem wanem nao yumi save developem ol hat we oli save luksave, andastanem, mo akseptem tok blong God? (Luk long 1 Nifae 2:16; 15:11.)

Wan Tingting blong Toktok Raon wetem Famle

Eksplenem se taem Alma i bin go hemwan long taon blong Amonaeha,

ol pipol oli bin talem, “Huia i God ia, we i nomo sendem raet bitim wan man nomo long pipol ia?” (Alma 9:6). Biaen ol pipol oli sapraes tumas taem Amulek i bin prij long olgeta, “from oli luk se i gat moa bitim wan witnes” (Alma 10:12). Olsem wan famle, ridim ol skripja we oli stap long jat ia. Luk olsem wanem Alma mo Amulek, tufala i bin gohed blong sapotem tufala taem oli bin stap prijim ol semfala doktrin:

Doktrin	Witnes blong Amulek	Witnes blong Alma
Atonmen	Alma 11:40	Alma 12:33–34
Fasin blong Sakem Sin	Alma 11:40	Alma 12:24
Jajmen	Alma 11:41	Alma 12:14
Laef Bakegen long Ded	Alma 11:41–42	Alma 12:24–25

- Wanem nao i gud blong gat moa long wan witnes taem yumi stap serem gospel? Olsem wanem nao yumi save sastenem o sapotem yumi wanwan long ol wok ia?

Alma 13–16

Afta we Alma i bin tijim Siesrom mo ol naraman long Amonaeha abaot plan blong fasin blong pemaot sin, hem i bin testefae abaot prishud mo long saed blong doktrin blong wan i oden bifo i bon. Ridim ol stret toktok ia we i go wetem stadi blong yu blong Alma 13:1–7:

Profet Josef Smit i bin talem, “Evri man we i gat wan koling blong tijim (mo mekem wok) long ol pipol blong wol, oli bin odenem olgeta blong stret stamba tingting ia long Bigfala Miting long heven bifo wol ia i stap” (*Teachings of Prophet Joseph Smith*, sel. Joseph Fielding Smith [1976], 365).

Presiden Spencer W. Kimball i bin tijim: “Bifo yumi kam long ples ia, ol fetful woman oli bin givim long olgeta samfala wok blong oli mekem, mo ol fetful man oli bin odenem olgeta long samfala wok blong prishud bifo oli bon. Mo long naoia we yumi nomo tingbaot sam pat blong ol samting ia, hemia i no save jenisim gudfala save long wanem we yumi bin agri blong mekem. Yufala i akaontebol long olgeta samting we oli bin ekspektem yufala long hem long laef bifo laef ia, semmak olsem olgeta we yumi stap sastenem olgeta olsem ol profet mo

ol aposol!” (“The Role of Righteous Women,” *Ensign*, Nov. 1979, 102).

- Afta we oli bin givim hadtaem long tufala insaed long kalabus long plante dei, olsem wanem Alma mo Amulek i bin go fri? (Luk long Alma 14:26–29; Ita 12:12–13.) Wanem i sam long ol samting we yumi nidim blong mas lego? From wanem fet blong yumi i mas lukluk nomo long Kraes blong i lidim yumi i go fri? (Luk long Mosaea 3:17; Moronae 7:33.)
- Wanem samting Alma 15:3–5 i stap soemaot abaot tras blong Siesrom long Alma mo Amulek? Long huia nao Siesrom i nid blong putum tras blong hem long hem blong hem i save kam oraet bakegen? (Luk long Alma 15:6–10.) Wanem nao yumi save lanem long ol aksen blong Siesrom afta we hem i bin kam oraet bakegen? (Luk long Alma 15:11–12.)

**Wan Tingting blong Toktok Raon
wetem Famle**

Afta we yufala i luklukbak long ful o pat blong Alma 13–16, askem wanwan memba blong famle blong serem wan samting we hem i bin lanem aot long stori ia.

Alma 17–22

- Wanem i lidim Amon mo ol brata blong hem blong gat saxes long ol wok blong olgeta blong mekem ol man blong Leman oli kam blong save abaot trutok? Wanem yu lanem long fasin we Amon mo Aron i yusum blong mekem misinari wok?
- Wanem doktrin Amon mo Aron i tijim King Lamona e mo papa blong hem? (Luk long Alma 18:34–39; Alma 22:7–14.)
- Wanem sakrifaes papa blong Lamona e i glad blong mekem blong save God? (Luk long Alma 22:15, 17–18.) Wanem yu save lanem aot long eksampol ia?

Taem yu stap stadi long Alma 17–22, lukaotem ol stori blong ol pipol we oli

bin kasem ol blesing afta we oli bin go tru long ol hadtaem. Ting hevi long ol blesing we yu bin kasem taem yu bin gotru long hadtaem wetem fet.

Wan Tingting blong Toktok Raon wetem Famle

Soemaot sam defren samting o tul. Askem ol memba blong famle blong eksplenem wanem wanwan samting ia (o tul) i stap mekem o oli yusum olgeta long wanem. Afta, ridim Alma 17:1–9 mo poenemaot se yumi, olsem ol boe blong Mosaea, yumi save stap olsem “[ol] tul long ol han blong God” taem yumi stap serem gospel wetem ol narafala. Talemaot gud we Lod bae i helpem yumi taem yumi traehad blong stap olsem ol tul long ol han blong Hem.

“Jenisim Laef long Lod”**Alma 23–29**

Alma 23–27 i stap toktok raon long Ol Antae-Nifae-Lihae, wan grup blong ol pipol we oli bin jenisim laef blong olgeta evriwan long Lod mekem se “oli neva bin foldaon i gowe” (Alma 23:6). Taem yu stap stadi long stori ia, lukaotem ol pruf blong trutok mo tru hat we i soem se Ol Antae-Nifae-Lihae oli bin jenisim ol laef blong olgeta.

- Ol Antae-Nifae-Lihae “oli bin jenisim laef blong olgeta long Lod” (Alma 23:6). From wanem hem i impoten se Jisas Kraes i mas stap long medel blong fasin blong jenisim laef blong yumi?
- Ol Man blong Leman oli bin jusum blong oli kam defren long ol brata

blong olgeta we oli stap yet olsem ol nogud man (Alma 23:16–18; 27:27–30.) Long wanem wei yumi save mekem se yumi save kam defren long wol taem yumi jenisim laef blong yumi?

- Nomata long ol hadtaem ia, wanem nao Ol Antae-Nifae-Lihae oli bin harem gud long hem? (Luk long Alma 24:7–10.) Olsem wanem fasin blong talem tangkyu long God, i helpem yumi long taem yumi stap fesem ol tes mo ol hadtaem?
- Ol Antae-Nifae-Lihae “oli bin tekem ol naef blong faet blong olgeta . . . mo oli bin berem olgeta dip long graon” (Alma 24:15–17). From

wanem hem i impoten se olgeta i bin berem ol tul blong faet blong olgeta bitim we blong jes mekem promes nomo blong nomo yusum? Wanem yumi save mekem blong berem “ol tul blong faet blong yumi”?

Taem yu stap stadi long Alma 26–27, lukaotem ol eksampol blong ol blesing we i kam long ol misinari olsem risal blong hadwok blong olgeta.

Wan Tingting blong Toktok Raon wetem Famle

Talemaot stori blong ol Antae-Nifae-Lihae taem oli bin jenisim laef blong olgeta. Lukluk blong yusum sam long ol kwestin insaed long seksen ia blong statem toktok. Afta, mekem ol memba blong famle oli ridim sam o ful skripja ia abaot wei blong jenisim laef:

Luk 22:32

Alma 5:7–14

Mosaea 5:2

3 Nifae 6:14

Mosaea 5:7

3 Nifae 9:13–14

“Evri Samting I Soem se I Gat Wan God”

27

Alma 30–31

Tingbaot toktok ia we i kam long Presiden Ezra Taft Benson taem yu stap stadi long Alma 30–31:

“Buk blong Momon i soemaot klia huia ol enemi blong Kraes. . . . Ol kaen man we oli stap mekem apostasi insaed long Buk blong Momon oli semmak long ol kaen man we yumi stap gat tedei. God, wetem save blong Hem we i no gat en, i bin mekem Buk blong Momon, blong yumi save luksave ol samting we oli no stret mo blong yumi save olsem wanem blong faet agensem ol giaman tingting long saed blong edukesen, politik, mo relijin long taem blong yumi tedei” (“The Book of Mormon Is the Word of God,” *Ensign*, Jen. 1988, 3).

- Taem Koriho i bin askem wan saen blong soem se God i stap, wanem saen nao Alma i bin putumaot olsem wan pruf se God i laef? (Luk long Alma 30:44.) Olsem wanem ol pruf ia i bin givhan blong mekem fet blong yu i kam strong moa?

Taem yu stap stadi long Alma 31, komperem prea blong Ol man blong Soram mo prea blong Alma. Yu save tekem not long wanem samting we i defren.

Wan Tingting blong Toktok Raon wetem Famle

Eksplenem se ol aedia we i semmak long ol tijing blong Koriho i save kamaot long ol pipol blong tedei. Afta, toktok raon long ol kwestin ia:

- Wanem samting yumi save mekem blong stanap strong agensem fasin blong ol pipol we oli stap traem blong spolem gud fet blong yumi? (Ol ansa i save tekem we yumi save stadi long ol skripja; prea; stap longwe long raorao; mo toktok wetem papa mo mama, bisop, o ol fren we yu trastem olgeta.)

“Trutok I Stap long Kraes we I Mekem Fasin blong Sevem Man I Hapen”

28

Alma 32–35

- Alma i bin komperem toktok blong God long wan sid (Alma 32:28). Wanem yu save mekem blong “givim ples” blong tok blong God i stap insaed long hat blong yu? (Alma 32:28).
- Ridim Alma 32:28–35. Long tingting blong yu, i stap minim wanem blong fulumap toktok “kam bigwan insaed long jes blong [yu]”? Olsem wanem nao ol skripja oli mekem sol blong yu i kam bigwan, oli givim laet long save blong yu, mo mekem maen blong yu i kam moa bigwan? Long wanem wei nao, toktok blong God i bin swit long yu?
- Afta we ol pipol oli harem toktok blong Alma, olgeta oli bin tingting hevi blong wantem save “long wanem wei nao bae oli stat blong yusum fet blong olgeta” (Alma 33:1). Alma i bin ansarem olgeta blong stap talem abaot ol tijing blong profet Sinos, Sinok, mo Moses. Wanem nao hem i stamba

blong mesej blong ol tijing ia?
(Luk long Alma 33:3–22.)

Afta we yu stadi long Alma 33:19–22, ridim: Ol Namba 21:4–9, Jon 3:1–16, 1 Nifae 17:41, Alma 37:46, mo Hileman 8:13–15. Lukaotem ol wei ia we evri skripja ia i givim yu bitim eni narafala skripja.

Wan Tingting blong Toktok Raon wetem Famle

Blong helpem ol memba blong famle oli save gat wan pikja blong mesej blong Alma long saed blong fidim hat blong yumi long tok blong God (Alma 32:28–43), givim wanwan memba blong famle wan sid, mo wan smol kontena we i gat graon long hem. Invaetem ol memba blong famle blong planem ol sid blong olgeta mo blong oli fidim hem i stret wetem wota mo sansaen. Ova long ol nekis wik we i kam, luklukgud olsem wanem sid ia i stap gro.

“Harem Ol Toktok blong Mi”

29

Alma 36–39

- Alma 36–39 i tekem testemoni blong Alma we hem i bin talemaot i go long ol boe blong hem Hileman, Siblon, mo Korianton. From wanem hem i impoten blong ol pikinini blong harem ol papa mo mama oli serem ol testemoni blong olgeta? Long wanem wei, ol testemoni blong ol papa mo mama blong yufala i bin stiarema laef blong yufala?

Luklukbak long ol skripja ia, we i soem olsem wanem toktok we papa mo mama i givim long ol pikinini blong olgeta i impoten tumas:

Alma 36–39
2 Nifae 1–3
Inos 1:1–3
Mosaea 1:1–8
Alma 56:47–48

Alma 57:21,
26–27
Hileman 5:5–14
D&C 68:25–28
D&C 93:39–50

- Olsem wanem laef blong yu i bin kam gud moa taem yu bin stap traem blong folem kaonsel ia long Alma 37:36–37?
- Olsem wanem nao fasin blong mekem sin blong Korianton i pulum tingting blong ol narawan? (Luk long Alma 39:11, 13.) From wanem hem i impoten blong ol memba blong Jos blong soem ol gudfala eksampol? Olsem wanem ol aksen blong yu maet i save tanem ol tingting blong ol naraman abaot Jos?

Wan Tingting blong Toktok Raon wetem Famle

Askem wan memba blong famle blong ridim Alma 37:6–7. Afta, soemaot wan

nil, wan bulong, o wan narafala smol samting we i save holem taet ol samting tugeta.

- Olsem wanem objek ia i wan samting we i smol mo i simpol? Olsem wanem oli save yusum objek ia blong mekem ol bigfala samting i hapen? Wanem bae i save hapen sapos yumi no bin gat samting ia?
- Wanem nao sam long “ol smol mo simpol samting” we i save holem taet famle blong yumi tugeta? Wanem sam long “ol smol mo simpol samting” we yumi mekem olsem wan famle blong soem lav blong yumi long Papa long Heven, Jisas Kraes, mo long wanwan long yumi?

“Bigfala Plan blong Glad”

Alma 40–42

- Wanem i hapen long ol spirit blong yumi bitwin ded mo laef bakegen long ded? (Luk long Alma 40:11–15, 21; luk tu long D&C 138.)
- Wanem bae i hapen long yumi sapos yumi stap folem jastis nomo? (Luk long Alma 42:14.) Wanem i nid blong oli mekem blong save mekem i gat inaf ol samting we jastis i nidim, blong mekem se yumi save gobak blong stap long ples blong Papa long Heven? (Luk long Alma 42:15.) Olsem wanem nao Atonmen blong Jisas Kraes “i givim ol samting we jastis i askem”? (Luk long Mosaea 15:7–9.) Wanem yumi mas mekem blong yumi save kasem

ful sore blong God? (Luk long Alma 42:13, 23, 27, 29–30; luk tu long Alma 41:14; D&C 19:15–18.)

Wan Tingting blong Toktok Raon wetem Famle

Blong helpem ol memba blong famle blong andastanem Alma 42, ridim parabol blong Elda Boyd K. Packer abaot Medieta, we oli faenem long japta 12 blong *Ol Gospel Prinsipol* (31110 852). Bae yu save askem ol defren memba blong famle blong ridim storian, mo ol pat blong man we i gat kaon, man we i givim kaon, mo fren blong man we i gat kaon.

30

Alma 43–52

Alma 43–52 i tekem plante stori blong faet. Ol stori ia oli save tijim yumi abaot olsem wanem blong handelem ol problem blong wol ia mo olsem wanem blong difendem yumiwan mo ol famle blong yumi long faet agensem Setan.

- Lukluk long ol prinsipol ia we oli bin lidim ol fasin mo ol aksen blong Ol Man blong Nifae we oli stret long ol taem blong wo. Olsem wanem maet blong stap andastanem mo stap praktisim ol prinsipol ia tedei, i save help blong tekem bigfala pis i kam long wol? Olsem wanem taem yu aplaem ol prinsipol ia, yu save dil wetem ol problem long laef blong yuwan?
 - a. Faet nomo from ol stret risen, kaen olsem difendem yuwan (Alma 43:8–10, 29–30, 45–47; 48:14).
 - b. No mekem nogud long ol enemi blong yu; lukaotem ol stret intres

- blong olgeta mo tu blong yuwan (Alma 43:53–54; 44:1–2, 6).
- c. Laef stret mo trastem God (Alma 44:3–4; 48:15, 19–20).
- d. Folem ol stret mo waes lida (Alma 43:16–19; 48:11–13, 17–19; luk tu long D&C 98:10).

Wan Tingting blong Toktok Raon wetem Famle

Ridim stori blong Kapten Moronae we i stap resemap taetol blong fridom (Alma 46:12–20). Afta, wok olsem wan famle blong krietem taetol blong fridom blong yufalawan. Askem ol memba blong famle blong mekem lis blong sam impoten prinsipol we bae i mekem yufala i rimemba mo i givim tingting long yufala blong tekem nem blong Kraes long yufalawan. Afta, raetem ol prinsipol ia long wan bigfala pis pepa. Leftemap tingting blong ol memba blong famle blong laef folem ol prinsipol we yufala i bin raetem long taetol blong fridom blong famle.

“Oli Bin Obei . . . Evri Toktok blong Oda mo Oli Bin Folem Stret Gud”**Alma 53–63**

Taem yu stap stadi long Alma 53 and 56–58, lukaotem ol prinsipol we ol 2060 yangfala man blong faet oli bin folem mo lukaotem ol fasin we oli bin developem taem oli bin yangfala. Tokbaot gud olsem wanem ol prinsipol mo kwaliti ia oli bin helpem ol yangfala man blong faet blong kasem paoa we i kam long Lod. Faenemaot olsem wanem yu save yusum ol prinsipol ia insaed long laef blong yu.

- Long huia nao ol yangfala man blong faet blong Amon oli bin lanem blong gat bigfala fet mo fasin blong no save fraet? (Luk long Alma 56:47–48; luk tu long Alma 53:21; 57:21.) From wanem hem i impoten long ol pikinini blong save paoa mo gat strong tingting long ol testemoni blong ol papa mo mama blong olgeta?

Stadi long ol skripja ia abaot fasin blong kam wan mama:

Alma 56:47–48 Fas Samuel
1:27–28
Jenesis 24:60 Ol Proveb 1:8
Eksodas 20:12 Moses 4:26

- Ol yangfala man blong Ol Man blong Amon oli bin askem profet Hileman blong stap olsem lida blong olgeta (Alma 53:19; 56:1, 5). Olsem wanem oli bin ansa long ol oda we oli bin kasem? (Luk long Alma 57:21.) Wanem sam impoten samting we yumi mas mekem tedei blong “folem stret” wanem profet i talem?

Wan Tingting blong Toktok Raon wetem Famle

Taem yu stap stadi long Alma 53 mo 56–58, lukaotem ol prinsipol we ol

2060 yangfala soldia i bin folem mo ol fasin we oli bin developem long taem we oli yangfala. Lukluk gud long olsem wanem ol prinsipol mo fasin ia oli bin helpem ol yangfala soldia blong oli kasem paoa we i kam long Lod. Faenemaot olsem wanem yu save yusum ol prinsipol ia insaed long laef blong yu.

Alma 53:20–21 Alma 57:25–27
Alma 56:45–48 Alma 58:6–11
Alma 57:21 Alma 58:39–40

Olsem pat blong toktok raon ia blong yufala, bae yufala i save singsing tugeta long “We’ll Bring the World His Truth” (*Children’s Songbook*, 172).

“Wan Sua Fandesen”

33

Hileman 1–5

Hileman 1–4 i tokbaot ol taem blong pis mo ol taem blong raorao long Ol Man blong Nifae mo Ol Man blong Leman. Hileman 5 i tekem wan stori blong ol misinari wok we i tekem ples long Ol Man blong Leman mo Ol Man blong Nifae we oli agens; misinari wok ia i tekem ples olsem wan merikel. Lukaotem ol samting we i tekem ples we i semmak long dei blong yumi tedei taem yufala i stap stadi long ol stori ia.

- Olsem wanem olgeta we oli folem Kraes we oli gat tingting i stap daon, oli ansa long ol samting we i bin kam agensem olgeta? (Luk long Hileman 3:33–35.) Olsem wanem eksampol blong olgeta i save helpem yu?

- Ridim Hileman 5:12. Hem i minim wanem blong bildimap fandesen antap long ston blong Kraes? (Luk tu long 3 Nifae 14:24–27.)

Insaed long Buk blong Momon i gat ova 240 taem we toktok ia *tingbaot* o narafala toktok we i kamaot long toktok ia, oli kamaot (olsem *bin tingbaot*, *tingbaot oltaem*, o *no fogetem*). Faenemaot ol 15 taem we oli kamaot long Hileman 5. Taem yu stap mekem olsem, tingbaot from wanem toktok ia *tingbaot* i impoten long ol kavenan pipol blong Lod.

Yu save yusum Topical Guide blong faenem ol narafala skripja wetem toktok ia *remember* o ol narafala toktok we i kamaot long toktok ia.

Wan Tingting blong Toktok Raon wetem Famle

Ridim laod Hileman 5:12. Afta, toktok raon long ol wei we famle blong yu i save bildim fandesen long ston blong Jisas Kraes.

Olsem pat blong toktok raon ia blong yufala, bae yufala i save singsing tugeta long “Tijing blong Jisas Oli Stamba blong Yumi” (*Singsing Tabu mo Singsing blong Ol Pikinini*, pej 6).

“Hao Nao Yufala I Bin Save Fogetem God blong Yufala?”

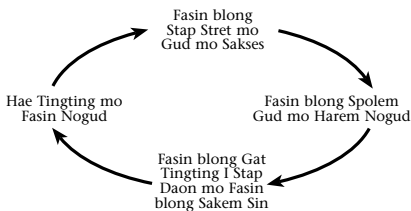
Hileman 6–12

Stori long Hileman 6–12 i soem olsem wanem sin blong gat hae tingting i save spolem ol pipol. Taem yu stap stadi long stori ia, lukaotem paten we oli stap tokbaot daon ia blong save toktok raon long hem wetem famle blong yu.

- Ridim Hileman 12:7. Folem wanem stamba tingting nao Momon i mekem toktok ia? (Luk long Hileman 12:1–6, 8.)

Wan Tingting blong Toktok Raon wetem Famle

Droem jat ia we i stap long wan pis pepa:



Eksplenem se Buk blong Momon i tekem plante eksampol blong ol pipol we oli bin go tru long paten ia.

- Olsem wanem nao ol pipol oli save go aot long sekol ia? (Mekem ol memba blong famle oli ridim Alma 62:48–51; Hileman 12:23–24.)

Long pis pepa ia, raetem wan laen i krosem ol toktok ia *Hae Tingting mo Fasin Nogud* mo *Fasin blong Spolem Gud mo Harem Nogud*. Poenemaot se yumi save lanem samting aot long ol mistek blong Ol Man blong Nifae. Yumi save oltaem tingbaot Lod wetem fasin blong gat tingting i stap daon mo wetem fasin blong talem tangkyu, iven long taem we yumi stap gat gudgudfala laef.

Hileman 13–16

Presiden Ezra Taft Benson i bin talem: “Rekod blong histri blong Ol Man blong Nifae jes bifo visit blong Sevyu, i rivilim plante samting we i semmak nomo long taem blong yumi tedei taem yumi stap lukluk fored blong kambak bakegen blong Sevyu” (insaed long Conference Report, Epr. 1987, 3; o *Ensign*, Mei 1987, 4).

Jat ia i soem se Hileman 13–16 i tekem ol stori blong ol profesi mo ol taem we i semmak long ol saen mo ol histri we bae oli kamaot fastaem bifo Kambak Bakegen blong Jisas Kraes.

Ol Profesi mo Ol Taem we Oli Bin Rekodem insaed long Hileman 13–16

Profesi o Taem

Ol Saen mo Ol Taem we Bae Oli Kamaot Fastaem Bifo long Kambak Bakegen blong Kraes

Hileman 16:1, 3, 6, 10

Smol pat oli strong mo stret mo gud

1 Nifae 14:12; Jakob 5:70

Hileman 16:13–14

Pipol oli fulap long Spirit mo oli kasem plante merikel

Joel 2:28–30; D&C 45:39–42

Hileman 13:22; 16:12, 22–23

Bigfala fasin nogud

Seken Timoti 3:1–5; D&C 45:27

Hileman 13:2, 6, 8, 10–11; 14:9, 11; 15:1–3, 17; 16:2

Man i sakemaot ol profet blong Lod mo oli singaotem olgeta blong sakem

D&C 1:14–16

Hileman 14:3–4

Profesi blong wan naet we i no gat tudak

Sekaraea 14:7; luk tu long *Teachings of Prophet Joseph Smith*, sel. Joseph Fielding Smith [1976], 287

Hileman 14:5–6, 20

Ol profesi blong ol saen mo ol sapraes antap long ol heven

Joel 2:30–31; D&C 45:40

Hileman 16:13–18

Fasin blong tanembak long ol saen, ol sapraes, mo taem Kraes i kam

Seken Pita 3:3–4; D&C 45:26

Tingting blong Toktok Raon wetem Famle

Stadi sam o ful jat ia olsem wan famle. Askem wanwan memba blong famle

blong serem wan wei we infomesen we i stap long jat i save helpem ol pipol blong rere long Kambak Bakegen blong Jisas Kraes.

3 Nifae 1–7

- Taem oli stap wet long ol profesi blong Samuel blong i fulfil, “ol pipol we i bin biliv i bin stat blong harem nogud tumas” (3 Nifae 1:7). Wanem i sam risen blong ol harem nogud tumas blong olgeta? (Luk long 3 Nifae 1:5–9.) Nomata long ol jalenj blong fet blong olgeta, wanem nao ol pipol we oli biliv oli bin mekem? (Luk long 3 Nifae 1:8.) Wanem nao yu save mekem blong stanap strong oltaem taem oli jalenjem fet blong yu?
- Ridim 3 Nifae 3:12–26, stori ia we Ol Man blong Nifae oli rere blong faet agensem ol stilman blong Gadianton. Wanem nao yu save lanem long ol aksen blong Ol Man blong Nifae long taem blong denja ia, we i save help blong protektem yu long ol taem blong temtesen mo fraet?
- Wanem blesing nao evri pipol bae oli bin glad long hem sapos olgeta i gohed blong stap fetful? (Luk long 3 Nifae 10:18–19.)

Wan Tingting blong Toktok Raon wetem Famle

Ridim 3 Nifae 5:13 olsem wan famle. Eksplenem se ves ia i tekem ol toktok blong profet Momon. Afta, askem ol kwestin ia:

- Hem i minim wanem blong kam wan “disaepol blong Jisas Kraes”? (Blong folem Jisas Kraes.) Wanem sam long ol samting we yumi save mekem yumiwan mo olsem wan famle blong folem Sevyas?

Olsem pat blong toktok blong yufala, bae yufala i save singsing tugeta long “Come, Follow Me” (*Hymns*, no. 116), “More Holiness Give Me” (*Hymns*, no. 131), o “I’m Trying to Be like Jesus” (*Children’s Songbook*, 78–79).

“Eni Man we Bae I Kam, Hem Bae Mi Akseptem”**3 Nifae 8–11**

- Profet Samuel i bin talem profesi abaot ol saen blong Taem we bae oli Krusifaem Sevyas. Ridim ol profesi ia long Hileman 14:20–27. Afta, stadi long 3 Nifae 8–9 blong faenem olsem wanem ol profesi ia oli bin kamtru.
- Wanem invitesen nao Jisas i givim i go long grup blong ol pipol we oli bin laef yet? (Luk long 3 Nifae 9:13–14. Luk se toktok ia *kam* i kamaot tri taem long ves 14.) Wanem yu save mekem blong akseptem invitesen ia?
 - Bigfala grup blong pipol ia oli bin go “wan afta narafala wan” long Sevyas (3 Nifae 11:15; luk tu long 3 Nifae 17:25, we i stap talem se i bin gat 2500 pipol long grup blong ol pipol ia). Wanem yumi save lanem long eksampol ia abaot lav blong Sevyas?
 - Jisas i bin tijim se bae i no mas gat “eni rao” long medel blong ol pipol (3 Nifae 11:22, 28). From wanem blong raorao abaot ol gospel doktrin, i wan samting we i denja?

(Luk long 3 Nifae 11:29; D&C 10:62–63.) Olsem wanem yumi save kam joen tugeta long tru doktrin?

Wan Tingting blong Toktok Raon wetem Famle

Ridim 3 Nifae 11:1–17 olsem wan famle. Askem ol memba blong famle

blong tingbaot olsem wanem bae oli filim sapos oli bin stap wetem Ol Man blong Nifae taem Lod we i bin laef bakegen long ded i bin kamaot long olgeta. Afta, singsing o ridim singsing ia “Easter Hosanna” (*Children’s Songbook*, 68–69).

“Ol Olfala Samting I Stop Nao, mo Evri Samting I Kam Niu”

38

3 Nifae 12–15

Taem yu stap stadi long ol tijing blong Sevya long 3 Nifae 12–15, lukaotem ol tijing we yu nidim plante.

Jisas i bin talem long Ol Man blong Nifae, “Mi givim long yufala blong kam sol blong wol” (3 Nifae 12:13). Blong andastanem moa toktok ia, ridim ol skripja ia. Bae yu save makem olgeta long skripja blong yu.

Levitikas 2:13 D&C 101:39–40
Matiu 5:13 D&C 103:9–10

- Ridim 3 Nifae 12:48. From wanem yumi nidim Atonmen blong Jisas Kraes blong mekem se yumi save kam stret gud? (Luk long 2 Nifae 2:7–9; 3 Nifae 19:28–29; Moronae 10:32–33.)

Wan Tingting blong Toktok Raon wetem Famle

Givim long ol memba blong famle sam smol kakae we oltaem oli putum sol long kakae ia. Givim wanwan famle wan smol pis blong kakae ia, wan pis we i gat sol mo wan narafala pis we i no gat sol wetem. Bae oli luksave olsem wanem sol i mekem ol tes blong kakae i kam antap.

Insaed long wan rum we i tudak, mekem wan toj i laet o laetem wan kandel.

Afta we yu soem ol samting ia, toktok raon long wanem nao hem i minim blong kam olsem “sol blong wol” mo “laet blong ol pipol” (3 Nifae 12:13–14).

“Luk, Glad blong Mi I Fulap”

39

3 Nifae 17–19

Taem yu stap stadi long 3 Nifae 17–19, lukaotem ol ves we oli soem lav blong Jisas. Yu save rekodem ol filing blong yu insaed long jenol blong yu.

- From wanem Jisas “i stap blong smol taem moa” wetem ol pipol? (Luk long 3 Nifae 17:5–6.) Olsem wanem nao, hemia i stap soemaot

lav blong Hem long ol pipol? Olsem wanem nao yu bin filim lav mo wari blong Jisas long yu?

- Jisas i bin statem sakramen long medel blong Ol Man blong Nifae. Wanem nao yumi lanem long saed blong odinens blong sakramen long 3 Nifae 18:1–11? Wanem yumi save

mekem blong priperem yumiwan blong kakae sakramen evri wik?

- Jisas i bin tijim, “Prea long ol famle blong yufala long Papa” (3 Nifae 18:21). Olsem wanem famle prea i bin givhan long famle blong yu? Olsem wanem ol famle oli save mekem ol komitmen blong olgeta blong gat famle prea evri dei i kam antap?

Taem yufala i stap ridim laod ol skripja, yufala i save kasem ol stamba poen blong ol doktrin mo ol samting we i bin tekem ples we yufala i no bin ridim taem yufala i bin rid nomo wetem ae blong yufala. Ridim laod

3 Nifae 17. Taem yufala i stap ridim, luksave Spirit we i stap wetem yufala. Bae yufala i save makem ol skripja ia we oli gat bigfala mining long yufala.

Wan Tingting blong Toktok Raon wetem Famle

Long tufala dei wetem Ol Man blong Nifae, Sevyia i bin tijim ol pikinini. Olsem wan famle, ridim 3 Nifae 17:11–24 mo 26:14–16. Afta, tokbaot lav we Jisas i gat long ol pikinini.

Olsem pat blong toktok blong yufala, bae yufala i save singsing tugeta long “Had I Been a Child” (*Children’s Songbook*, 80–81) o “When He Comes Again” (*Children’s Songbook*, 82–83).

“Afta Bae Mi Karem Olgeta I Kam”

40

3 Nifae 16; 20–21

3 Nifae 16, 20, mo 21 i gat insaed pat blong ol tijing blong Sevyia long Ol Man blong Nifae afta we Hem i bin Laef Bakegen long Ded. Insaed long ol japta ia, Lod i stap tijim mo profesi abaot Restoresen blong gospel mo kam tugeta blong haos blong Isrel long ol las dei.

- From wanem Isrel i bin seraot? (Luk long 3 Nifae 16:4.) Wanem i karem i kam tugeta blong Isrel? (Luk long 3 Nifae 16:4, 12; 20:10–13.)
- Wanem i sam wok we Buk blong Momon i stap mekem long kam tugeta blong Isrel? (Blong sam eksampol, komperem 3 Nifae 16:4, 12 and 20:10–13 with 1 Nifae 6:3–4 mo taetol pej blong Buk blong Momon.) Olsem wan memba blong Jos, wanem nao responsabiliti blong yu long wok blong karem i kam tugeta blong Isrel?

Wan Tingting blong Toktok Raon wetem Famle

Putum sam samting olbaot insaed long rum. Afta, askem ol memba blong famle blong putum ol samting ia i kam wanples bakegen. Yu save poenemaot se *putum wanples* i minim blong mekem i kam tugeta.

Afta we ol memba blong famle oli putum tugeta ol samting ia, ridim 3 Nifae 20:12–13. Eksplenem se Papa long Heven i stap pulum ol pipol blong Hem raon long wol oli kam wanples taem Hem i mekem olgeta oli “kam blong kasem save long saed blong Lod, God blong olgeta, we i bin pemaot olgeta.” Toktok raon long wanem nao yu save mekem yuwan mo olsem wan famle blong helpem Papa long Heven blong mekem ol pipol blong Hem oli kambak tugeta.

“Hem I Bin Eksplenem Evri Samting long Olgeta” 41

3 Nifae 22–26

- Afta we Hem i talemaot bakegen ol profesi blong Aesea, Jisas i bin komandem ol pipol blong “mas stadi ol samting ia” (3 Nifae 23:1). Wanem i minim blong stadi ol skripja, be i no blong jes ridim olgeta nomo?
- Insaed long rekod, Momon i bin tekem nomo “smol pat” blong wanem Jisas i bin tijim long ol pipol (3 Nifae 26:8). Olsem wanem yumi save kasem “ol samting we i moa bigfala”? (Luk long 3 Nifae 26:9.)
- Ridim 3 Nifae 26:19–21. Olsem wanem yumi save folem eksampol blong olgeta long ol mared laef, ol famle, ol wod, mo ol stek blong yumi?

Wan Tingting blong Toktok Raon wetem Famle

Eksplenem se taem Jisas i bin stap wetem Ol Man blong Nifae, Hem i bin

serem profesi blong Malakae abaot misin blong Elaeja (3 Nifae 25:1–6). Tijing ia i impoten tumas mekem se oli faenem long ol fo standet skripja blong Jos.

Olsem wan famle, ridim ol skripja ia: Malakae 4:1–6; Luk 1:17; 3 Nifae 25:1–6; Doctrine and Covenants 2:1–3; mo Joseph Smith—History 1:37–39. Yu save givim tingting long ol memba blong famle blong oli makem ol toktok ia long ol skripja blong olgeta.

Toktok raon long olsem wanem ol skripja ia oli tokbaot wok blong famle histri mo tempol wok. Mekem ol plan blong wok tugeta blong faenemaot mo sendem ol nem blong ol bubu blong oli mekem ol odinens blong tempol. Sapos yu gat taem, mekem ol plan blong mekem seves tugeta insaed long tempol.

“Hemia I Gospel Blong Mi”

3 Nifae 27–30; 4 Nifae

- Ol twelef Man blong Nifae we oli kam disaepol oli bin askem Hem wanem nao bae oli singaotem Jos blong Hem (Luk long 3 Nifae 27:3). Wanem i ansa blong Hem long kwestin blong olgeta? (Luk long 3 Nifae 27:4–9.) Lod i bin givim oda se Jos blong Hem we i bin kambak i olsem Jos blong Hem long medel blong Ol Man blong Nifae, oli mas singaotem afta long nem blong Hem (luk long D&C 115:4). From wanem hem i impoten long yumi blong stap tingbaot se oli bin singaotem

nem blong Jos afta long nem blong Jisas Kraes?

- Stadi long 3 Nifae 27:13–21, mo lukaotem ol defdefren poen blong gospel blong Jisas Kraes. Wanem nao Sevia i promes long olgeta we oli laef folem gospel blong Hem? (Luk long 3 Nifae 27:21–22.)
- Long ansa blong rikwes blong olgeta, trifala disaepol ia oli bin jenis, i minim se ol bodi blong olgeta i bin jenis, mekem se bae oli “save luk ol samting blong God”

42

(3 Nifae 28:13–15). Afta oli bin tekemaot olgeta taem oli laef yet. Wanem nao stori long 3 Nifae 28 i tijim abaot ol man we oli tekemaot olgeta taem oli laef yet?

- Blong plante yia afta visit blong Jisas long Ol Man blong Nifae, i no gat “nem blong eni man” (4 Nifae 1:17). Hemia i minim wanem? (Luk long 4 Nifae 1:2–3, 15–17.) Wanem i problem we i stap tedei from defdefren fasin we i stap bitwin ol grup blong ol pipol? Long wanem wei gospel i helpem yumi blong kam tugeta, nomata long ol defdefren fasin blong yumi?

Wan Tingting blong Toktok Raon wetem Famle

Ridim tugeta buk blong 4 Nifae. Taem yufala i stap ridim ol ves 1–19, mekem wan lis blong ol fasin mo aksen we i mekem se i bin gat pis mo glad. Taem yufala i stap ridim ol ves 20–46, listim ol fasin mo ol aksen we i bin mekem se i bin gat raorao mo faet.

Komperem wanem i defren long ol lis we yufala i bin mekem. Tokbaot wanem yufala i save mekem olsem wan famle blong stap moa olsem ol pipol we oli tokbaot long 4 Nifae 1:1–19.

“Olsem Wanem Nao Yufala I Bin Save Aot long Ol Fasin blong Lod?”

43

Momon 1–6; Moronae 9

- Taem Momon i gat 15 yia, “Lod i bin visitim hem, mo hem i bin testem mo hem i bin save long gudfala samting we i kam long Jisas” (Momon 1:15). Olsem wanem yumi save kam blong save long gudfala samting blong Jisas?
- Wanem ol fasin we i bin stap insaed long sosaeti blong Ol Man blong Nifae long taem we Momon i stap laef? (Luk long Momon 1:19; 2:1, 8, 10, 18.) Nomata we yumi olsem Momon, yumi stap laef long wan taem blong plante fasin nogud, wanem yumi save mekem blong holem taet fet mo fasin blong stap stret mo gud blong yumiwan?
- Momon i bin talem se taem ol pipol blong hem oli bin winim Ol Man blong Leman long faet, “oli no bin luksave se i bin Lod we i bin severm olgeta” (Momon 3:3). From wanem hem i impoten blong yumi luksave

se ol blesing yumi stap kasem oli kam long Lod? (Luk long Momon 3:9.)

- Ridim Momon 5:17–18. Long wanem wei nao ol pipol we oli no folem Sevyia i “olsem wan sip we i no gat sel o anka”? Olsem wanem gospel i olsem wan sel mo wan anka long yu?

Wan Tingting blong Toktok Raon wetem Famle

Ridim Momon 1:13–14 mo 2:18 olsem wan famle. Afta, ridim Momon 1:15 mo 2:19. Talemaot gud se iven taem rabis fasin i stap raonem yumi, yumi save luksave gud samting we i kam long Lod. Sapos yumi, olsem Momon, yumi traehad blong folem Lod mo stap tru long ol testemoni blong yumi long saed blong gospel, yumi save faenem hop long save se bae “Lod i leftemap [yumi] long las dei” (Momon 2:19).

“Mi Toktok long Yufala Olsem Se Yufala I Stap Long Ples Ia”

44

Momon 7–9

Taem yu stap stadi long Momon 7–9, tingbaot se evri tijing we oli stap long ol japta ia, oli stap talem i kam long ol pipol we bae oli laef long ol lata-dei.

- Wanem nao Moronae i bin profesae abaot ol kondisen long wol long taem Buk blong Momon bae i kamtru? (Luk long Momon 8:26–33.) From wanem Moronae i bin gat janis blong profesae gud abaot ol las dei? (Luk long Momon 8:34–35.)
- Wanem nao Moronae i talem abaot hae tingting long ol las dei? (Luk long Momon 8:35–41.)
- Moronae i bin talem se sam pipol long ol las dei bae oli biliv se Lod “i no wan God blong ol merikel” (Momon 9:10). Sapos wan i talem long yu se Lod i no wan God blong ol merikel, olsem wanem bae yu ansa? Wanem eksperiens we bae i stret blong yu serem blong stap

olsem wan witnes we Lod i wan God blong ol merikel?

Wan Tingting blong Toktok Raon wetem Famle

Ridim Momon 8:34–35 olsem wan famle. Afta, askem wanwan blong raetem wan leta i go long ol fiuja memba blong famle (olsem ol pikinini, ol smol apu, ol pikinini blong brata o sista) mo yu raet long olgeta “olsem we [ol memba blong famle ia] oli stap long ples ia.” Givim tingting long olgeta blong oli putum long ol leta ia wan kaonsel we bae i save helpem ol fiuja memba blong famle blong laef folem gospel nating wanem jalenj we bae oli fesem. Yu save givim tingting tu long olgeta blong oli kipim ol leta oli stap long ol sef ples, olsem insaed long ol jenol, blong mekem se oli save ridim olgeta long sam taem long fiuja.

“I Neva Gat Wan Man we I Bin Biliv Long Mi Semak Olsem Yu Bin Biliv”

45

Ita 1–6

- Wanem nao hem i ansa blong Lod taem brata blong Jared i bin askem Hem olsem wanem blong mekem laet insaed long ol sip? (Luk long Ita 2:23–25.) From wanem hem i impoten blong mekem evri samting we yumi save mekem antap long hemia blong askem help long Lod?
- Wanem kwestin Lod i bin askem bifo Hem i bin soem Hemwan long brata blong Jared? (Luk long Ita 3:11.) Olsem wanem ansa blong

brata blong Jared i soem olsem wanem fet blong hem i bigwan tumas? (Luk long Ita 3:12.) Wanem nao yumi save mekem blong folem eksampol blong hem?

Wan Tingting blong Toktok Raon wetem Famle

Ridim Ita 6:1–12 tugeta. Yusum ol kwestin ia blong helpem ol memba blong famle blong oli luk ol samting we i semmak bitwin rod blong ol laen

blong Jared “i go long graon blong promes” mo rod blong yumi truaot long laef:

- Lod i bin mekem ol ston insaed long ol sip “blong oli saen long tudak” (Ita 6:3). Wanem “laet” Lod i bin givim long yumi blong yumi go long rod blong laef?
- Wanem nao ol laen blong Jared oli bin mekem afta we oli bin rere evri samting we oli save rere long hem long rod blong olgeta? (Luk long Ita 6:4.) Olsem wanem yu save soem sem kaen tras ia long Lod?

- Taem ol win oli blo mo ol laen blong Jared oli bin stap sel i go, wanem nao ol laen blong Jared oli bin mekem long dei mo long naet? (Luk long Ita 6:8–9.) Wanem nao sam wei we yumi save givim ol pres long Lod?
- Wanem ol laen blong Jared oli bin mekem taem oli bin kasem graon blong promes? (Luk long Ita 6:12.) Long wanem wei nao samting ia i kolosap semmak long taem we bae yumi gobak long Papa blong yumi long Heven?

“Tru long Fet, Evri Samting I Hapen”

46

Ita 7–15

- Olsem wanem Ita i tokbaot olgeta we oli bin biliv long God? (Luk long Ita 12:4.) Olsem wanem fet mo hop i save stap olsem wan angka long yu? Wanem nao sam eksampol blong olsem wanem fet i mekem se i gat ol gudfala wok i hapen blong givim glori long God?
- Olsem wanem nao Moronae i eksplenem fet? (Luk long Ita 12:6.) Yu ting se i minim wanem blong yumi “no kasem eni witnes kasem afta long tes blong fet blong [yumi]”? Long wanem wei nao ol hadtaem oli bin mekem fet blong yu i kam strong moa mo i konfemem fet ia?
- Lod i bin tijim se sapos yumi gat tingting i stap daon mo yumi gat fet long Hem, bae Hem i “mekem ol

samting we i no strong i kam strong long [yumi]” (Ita 12:27). Olsem wanem promes ia i bin kamtru long ol skripja, insaed long laef blong yu mo insaed long ol laef blong ol narafala?

Wan Tingting blong Toktok Raon wetem Famle

Taem Haeram Smit i bin rere blong go long Katej kalabus, long ples we oli bin kilimded hem mo Profet Josef Smit, hem i bin ridim Ita 12:36–38 mo i bin foldem pej ia (D&C 135:4–5). Mekem ol memba blong famle oli ridim ol ves ia.

- Wanem kamfot nao ol ves ia oli givim? Wanem ples long skripja i bin mekem yu kam strong moa o i bin kamfotem yu?

Moronae 1–6

- From wanem ol japta 2–5 blong buk blong Moronae oli impoten long ol dei blong yumi? Olsem wanem hem i mekem yu yu strong moa taem yu luk ol sem odinens long ol defren dispensesen (taem) blong Jos blong Lod?
- Wanem kavenan yumi stap mekem tru long sakramen? (Luk long Moronae 4:3; 5:2.) Wanem promes nao yumi gat sapos yumi mekem? Yu filim olsem wanem taem yu bin tekem sakramen long kwaet fasin mo wetem fasin blong stap stret mo gud?
- Afta we ol pipol oli bin baptaes mo oli bin kasem presen we i Tabu Spirit, “oli bin kaontem olgeta wetem ol pipol blong jos blong Kraes; mo oli bin tekem ol nem blong olgeta” (Moronae 6:4). From wanem oli bin rekodem ol nem blong olgeta? (Luk long Moronae 6:4.) Long wanem wei nao yu save helpem ol wok blong Jos blong luk se ol memba blong longtaem mo ol niu memba oli mas “tingbaot olgeta mo fidim olgeta wetem gudfala toktok blong God”?

Wan Tingting blong Toktok Raon wetem Famle

Sapos ol memba blong famle oli ol niu konvet, toktok raon long hem i olsem wanem nao blong joenem Jos. Letem ol memba blong famle oli tokbaot ol samting we oli bin laekem taem oli bin wantem blong joenem Jos mo ol jalenj we oli bin fesem taem oli bin joenem Jos. Sapos ol memba blong famle oli bin stap olsem ol memba blong Jos blong wan longfala taem, askem olgeta blong oli tokbaot olsem wanem oli save filim sapos oli kam long jos blong fas taem.

Mekem wan memba blong famle i ridim kaonsel ia we i kam long Presiden Gordon B. Hinckley:

“Wetem namba blong ol konvet we i stap kam antap, yumi mas mekem wan bigfala wok blong helpem olgeta blong oli faenem wei blong olgeta. Evriwan long olgeta i nidim tri samting: wan fren, wan responsabiliti, mo blong oli fidim hem wetem ‘gudfala toktok blong God’ (Moronae 6:4)” (insaed long Conference Report, Epril 1997, 66; o *Ensign*, Mei 1997, 47).

- Wanem nao yumi save mekem blong folem kaonsel ia?

Moronaē 7–8; 10

Moronaē 7–8 i tekem ol tijing blong papa blong Moronaē, Momon.
Moronaē 10 i tekem las testimoni blong Moronaē we hem i bin raetem.

- Momon i tokbaot ol memba blong Jos olsem olgeta we oli “folem Kraes wetem pis” (Moronaē 7:3). Folem wanem stamba tingting nao Momon i mekem jajmen ia? (Luk long Moronaē 7:4–5.) Olsem wanem yumi save kam olgeta we oli “folem Kraes wetem pis”?

Moronaē i klos wetem “ol smol toktok tru long fasin blong askem strong long [yumi]” (Moronaē 10:2). Toktok ia blong *askem strong* i minim blong givim gud tingting o blong askem wan blong mekem wan samting kwik. Taem yu stap stadi long Moronaē 10, yu save makem toktok ia *askem strong* evri taem we hem i kamaot. Tingting hevi long mining blong strong toktok ia blong Moronaē long japta ia, mo olsem wanem, wanem we hem i askem i impoten tumas.

- Wanem nao Moronaē i bin tijim abaot ol presen blong spirit? (Luk long Moronaē 10:8–19.)
- Olsem wanem we taem Moronaē i askem strong long yumi blong “kam long Kraes” i soem ful mesej

blong Buk blong Momon? (Moronaē 10:30, 32). Long wanem stret wei nao yia ia blong stadi long Buk blong Momon i bin helpem yu blong kam long Kraes?

Wan Tingting blong Toktok Raon wetem Famle

Serem testimoni blong yu long saed blong Buk blong Momon, mo invaetem ol memba blong famle blong mekem sem samting. Afta, ridim toktok ia we i kam long Presiden Ezra Taft Benson:

“Oli stap stadi long Buk blong Momon long ol Sandei Skul mo seminari klas evri fo yia. Fo yia paten ia, ol memba blong Jos oli *no* mas folem long stadi blong olgeta wanwan mo wetem famle. Yumi mas ridim buk ia evri dei, blong mekem se man i ‘kam kolosap moa long God taem hem i folem ol tijing blong buk ia bitim ol tijing blong ol narafala buk’ (*History of the Church*, 4:461)” (insaed long Conference Report, Okt. 1988, 3; o *Ensign*, Nov. 1988, 4).

Leftemap tingting blong ol memba blong famle blong gohed blong stadi long Buk blong Momon mo blong oli serem buk ia wetem ol narafala man.

JOS BLONG
JISAS KRAES
BLONG
OL LATA-DEI SENT

BISLAMA



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