

Pradhaan
Henry B. Eyring dwara
 Pratham Adhyaksha ke
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Daswa Hissa ka Aashirvaad

Parmeshwar ne hamein aashirvaad dene ke liye hi niyam diye hain. Woh hamein anant jiwan dena chahata hai, Unke sabhi uphaaron mein se sabse mahaan (dekhiiye D&C 14:7). Unke saath hamesha ke liye swarg mein parivaaron mein rehne ke uphaar ko paane ke liye, hamein us raajye ke kaanoonon ko jeena seekhna hai (dekhiiye D&C 88:22).

Usne hamein is jiwan mein niyam diye hain taaki hum us tarah se viksit ho sakein. Daswa hissa ka kaanoon bhi aesa hi tayyaari ka niyam hai. Kaanoon yeh hai ki hum Prabhu ko apne sabhi kamaai ka ek-daswa hissa dein. Yeh itna saral hai ki ek baalak bhi samajh sakta hai. Mainne bachchon ko dekha hai apne daswa hissa ke lifaafe ko bishop ko dete hue jismein unke kharch ke sikkon ka ek-daswa hissa hota hai.

Ek aashirvaad jo hamein pura daswa hissa dene se milta hai, woh hai vishwaas ko badhaana ek aur mahaan kaanoon ko jeene ke liye. Swarg mein jeene ke liye, hamein samparnta ke kaanoon ko jeena chahiye. Isse hamein mehsoos kar lena chahiye ki hum jo hai aur hamare paas jo kuch bhi hai Parmeshwar ka hai.

Kam se kam teen tarike hai is jiwan mein jisse pura daswa hissa dena hamein tayyar karta hai *mehsoos* karne ke liye woh jo hamein mehsoos karna chahiye anant jiwan ke uphaar ko paane ke liye.

Pratham, jab hum Girjaghara ko apna daswa hissa ka

bhent dete hai, hamare Swargiye Pita hum par aashirvaad barsaata hai. Jisne bhi hamesha pura daswa hissa diya ho jaanta hai ki yeh sach hai. Aashirvaad kabhi kabhi dhaarmik hote aur kabhi saansaarik hote hai. Woh Prabhu ke samay anusaar diye jaate hai aur jo Woh samajhta hai hamare liye achcha hai ke anusaar.

Jaise yeh aashirvaad milte hai, hamara vishwaas badhta hai kyunki Parmeshwar hamare jiwan ke sabhi achchi cheezon ka saadhan rehta hai. Yeh dekhna aasaan ho jaata hai ki samparnta yeh tay karta hai ki Parmeshwar ki rachnaaeen Unki hi hai. Woh hamein kritigya (gratitude) *mehsoos* karne deta hai kyunki jo Uska diya hua hai Woh usmein se sirf 10 pratishtat (percent) maangta hai. Is tarah hum samparnta ke kaanoon ko aur behtar tarike se jeene ke liye tayyaar rahenge jab kaha jaaega.

Dusra, hum mein jinhtonne apna pura daswa hissa diya hai *mehsoos* karte hai ki hum Parmeshwar se apne aur apne parivaaron ke zaroorat ke cheezon ko khul kar maang sakte hai. Usne humse vaada kiya hai ki hamein daswa hissa ke kaanoon ki or aagyaakaari hone ke aashirvaad se bhi badhkar ashish milenge is niyam par vishwaas rakhne se (dekhiiye Malachi 3:10). Isliye daswa hissa ka ek mahaan aashirvaad hai bhavishye par bharosa rakhna. Chaahe jo bhi hamari paristithiyaan ho, sab kuch thik hi hoga. Jab hum apne vaadon par tike rahenge, Woh bhi Apna vaada nibhaaega. Pura daswa

hissa dene ka ek mahaan aashirvaad hai shaanti mehsoos karna. Jinhonne daswa hissa ke aagya ka paalan kiya hai yeh gawahi de sakte hai ki shaanti ka aashirvaad vaastavik aur bahumulye hai.

Teesra, jo daswa hissa dete hai Parmeshwar aur Unke sabhi bachchon ke liye apne prem mein aur badhanti *mehsoos* karte hain. Prem mein aysi badhanti aati hai samajhne se ki hamare diye gaye daswa hissa ka Pita kaise istemaal karte hai in duniya mein aur ananntta tak logon ko ashirvaad dene ke liye.

Apne chune hue sewakon ke zariye, Woh daswa hissa ko badi saaodhaani se kharch karte hai. Daswa hissa denewala mandiron ke nirmaan mein Use sahayta deta hai, jahaan parivaar hamesha ke liye judte(seal) hai. Daswa hissa denewala Uski sahayta karta hai susamachaar ko har jagah ke logon mein bhejne mein. Daswa hissa denewala Uski sahayta karta bhuk aur takleef ko kam karne mein Unke Apne tarike se Unke sewakon ke zariye. In mein se kisi bhi sewak tumhe batla sakta hai prem kaise zyaada hua logon ki sahayta daswa hissa se karne ke baad. Aur aysa ek vishwaasi daswa hissa denewala bhi batla sakta hai.

Daswa hissa ka samjhauta ko abhi kuch mahine baaki hai. Main prarthna karta hoon ki tum aur tumhara parivaar abhi se yojna banaenge aur tayaari karenge Parmeshwar ke aashirvaad ko paane ka jo Woh sab ko dete hai jo Unhein batlaate hai ki woh pura-daswa hissa denewale hai.

IS SANDESH MEIN SE SHIKSHAN

- Kabhi kabhi ek sidhaant ko sikhlaane ka behtar tarika hota hai use karke dikhaane ka (dekhiye *Teaching, No Greater Call* [1999], 164). Parivaar ke kisi sadasye se puchiye ki woh dikhlaaye ek-daswa hissa kya hota hai. Woh aysa kar sakta hai das cheezon mein se ek ko alag karne ke. Samaapti mein, parivaar ke sadasye ko kahe ki woh dikhlaae ek daswa hissa ka parchi(slip) jis mein kaise likhte hai daan dene ke samay.
- “Tum jinhe padhaaoe ek dusre ke bhaag lene se laabh paaega” (*Teaching, No Greater Call*, 63). Parivaar sadasyon ko amantrit karein ki woh Pradhaan Eyring ke is ghoshna ke baare mein kya vishwaas karte hai “*mehsoos* karna woh jo hamein

mehsoos karna chahiye anant jiwan ke uphaar ko paane ke liye.” Teen tarike tay kijiye jisse daswa hissa dena hamein tayyaar karta hai woh mehsoos karne ke liye jo hamein mehsoos karna chahiye Parmeshwar ke ashirvaad ko paane ke liye.

YUVA

Paryaapt Paisa

Fabiano dos Santos da Silva dwara

Main missionariyon(prachaarakon) se mila jab main 17 varsh ka tha. Us samay mera bada bhaai aur main saath rehte the. Hamari maa ek varsh pehle guzar gayi thi, aur jiwan kathin tha. Jab prachaarakon ne mujhe sikhlaaya, main dekh saka ki Girjaghara hi woh cheez hai jise main hamesha talaashta raha. Magar mere doston ke prabhao ne mujhe Raviwaar ko girjaghara jaane se rok rakha tha.

Ek baar main ek Girjaghara gatividhi(activity) mein gaya beech hafte mein. Jawaan logon ko haste aur khelte dekh mujhe bahut khushi hui. Prachaarakon ne, yuvakon ke saath, is mauka ka laabh utthaaya mujhe ek susamchaar sambandhi paath padhaane ka, aur mainne itna achcha mehsoos kiya ki mainne baptismal lene ka soch liya.

Par Girjaghara ka sadasye banne ke baad bhi, mainne chunaotiyon ka saamna kiya. Main shahar ke is bhaag mein Girjaghara ka akela sadasye tha aur main girjaghara se bahut dur rehta tha. Mere gaer-sadasye dost ab mujhse milna nahin chahate the. Jab main akela mehsoos karta, mainne prarthna kiya aur Prabhu ka prem mehsoos kiya.

Har mahine, mujhe maa ke chode hue paeso ka ek chota hissa milta tha. Bahut kathin tha apna guzaara karna itne kam paeson mein. Magar main aagyaakaari banna chaaha. Mainne daswa hissa diya aur seminary aur Raviwaar sabhaaon ke paese bhi nikalne pade. Main yeh nahin samajh paaya, magar mahine ke ant mein mainne paaya ki mere paas paryaapt paise hai sabhi kuch karne ke liye.

Main jaanta hoon ki mujhe daswa hissa(tithing) dene ka ashirvaad mila hai. Is aagya ka paalan karne se mujhe sahayta mili ek gehri gawahi praapt karne mein, prachaar kaarye(mission) par jaane mein, aur apne ashirvaadon ko pehchaana taaki main naye sadasyon ko mazboot kar sakun jo chunaotiyon ka saamna kar rahein hai.

BACHCHEIN

Main Daswa Hissa de Sakta Hoon

Daswa Hissa dene ka matlab hai 10 pratishat
apni kamaai mein se Prabhu ko dena.

Kalpana kijiye teen bachchein hain alag alag
kaam karte hue. Shaayad ek \$1 kamata ho,
dusra \$2, aur teesra bachcha \$3. Likhiye ki kitna
daswa hissa ek ek bachcha dega.

Ek aur sawaal: In mein se kis daswa hissa
denewaale ko sabse zyaada ashirvaad milenge?
(Upyogi salaah: Pradhaan Eyring ke sandesh ka
aakhri paragraph dekhna.)



Parivaaron ko Kuch Samay ki Atma-Nirbharta se Mazboot Karna

Is utpaadan ka adhyan karein, aur jaise upyukt ho, jin bahanon se aap bhent karti hai unse vichaar-vimarsk karein. In sawaalon ka istemaal karein apne bahanon ko mazboot karne mein madad karne ke liye aur Sahayak Sanstha ko apne jiwan ka chust bhaag banane ke liye.

Atma-nirbharta—apne aap aur apne parivaaron ki dekhbaal karne ki chamta—viksit(develop) karna har bahan ka kartavye hai. Hum atma-nirbhar bante hai jab hum kaam se prem karna sikhte hai, jab hum prerna dhoondhte hai sabse achche tarike se apna ghar chalane ke liye, aur jab hum parivaar sadasyon ke saath kaam karte hai daenik zarooraton ki purti karne ke liye.

Jab hum atma-nirbhar hote hain, hum apne ashirvaadon aur utpaadanon ka istemaal karte hai musibaton ke liye tayyaar rehne aur unse dur rehne ke liye. Atma-nirbharta, haanlaanki, aur badhti hai jab hum vishwaas se aane waali chunaotiyon mein sahas ke liye prarthna karenge. Atma-nirbharta hamein dusron ki dekhbaal karne ke vaade ko nibhaane mein madad karta hai.

Sahayak Sanstha mein, hamein atma-nirbharta ke siddhaant aur hunar sikhlaate hai. Bahanein paeson ki bachat, karz se mukt hona, naokri ki kaabliyat, dharamshastra aur susamachaar, auron ko padhne aur sikhne ki shiksha dena, vigyaan(technology), sharir ka swaasth, durusti(fitness), laton se bachna aur chutkaara paana, milne julne aur imoshanal swaasth,

beemaari se bachna, bagicha lagana, bhojan ugaana aur sambhaal kar jama karna, aapaat kaal ki tayaari karna, aur kai anye cheezein sikhte hai jo hamein atma-nirbhar rehne mein madad karenge.¹

Julie B. Beck, jo Sahayak Sanstha ki maha pradhaan hai, samjhaati hai ki “apne aap aur auron ko daan dena Prabhu Isha Masih ke chelon ka nishaani hai. . . . Jab [meri saas] ki achanak pichle saal mrityu hui, usne apne piche apne atma-nirbhar jiwan ki nishaani chodi. Uske paas ek yogye mandir pravesh(recommend) tha aur achchi-tarah istemaal kiye gaye dharamshastra aur susamachaar adhyan ke patrikaaen. Humne prem se uske haandiyaan, kadhaai, aur bartan baant liye jisse usne kai hazaar bhojan banaye the. Usne rajaai(comforter) banaae the puraane kapdon ke. Woh us puraane kahawat mein vishwaas karti thi ‘pura istemaal karo, puraane kar do, kaam chala lo, ya uske bina reh lo.’ Humne uske bagiche ke, sambhaal kar rakhe hue, aur bhandaar ke bhojan dekhe. Sabse mann bhaane waali thi uske choti hisaab ki kitaab jismein usne kai varshon ke apne saare kharch likhe the. Kyunki woh buddhimaani se jeeti thi, usne kuch paise durghatnaaon ke liye bachaae the, aur uske paas kuch bhi karz

nahin tha! Sabse mahatvapurn, usne kai anye logon ko sikhlaaya aur prerit kiya in gunon se jo usne apne vishwaasniye jiwan ke daoraan haasil kiya tha.”²

Dharamshastra Mein se

John 13:34–35; James 1:27; Mosiah 4:26; Doctrine and Covenants 29:34–35; 38:30; 44:6

Hamare Itihaas Se

Sahayak Sanstha ki bahanon ne hamesha aatmaaon ko bachaane ke kaarye mein bhaag liya hai samaajik aur dhaarmik rup se. Har hafte jab Mahilaaoon ki Sahayak Sanstha Nauvoo mein milti, bahanon ne zarooratmand logon ke baare mein batlaaya. Paese ke daan, saamaan, gun, aur samay baate gaye zarooratmandon ki sahayta ke liye. Yeh shuruaat ka kaarye Sahayak Sanstha ka jo dukh mein sahayta dene ka kaarye hai peediyon se chala aa raha hai.

Jab Sant(Saints) log Salt Lake Valley mein aaye, Pradhaan Brigham Young (1801–77) ne bahanon ko salaah di ki woh zarooratmandon ko sahayta dein aur ayse kaarye sikhe jo use apne aap ki dekh bhaal karne mein madad karenge. Usne kaha, “Apne aap ko sambhaalne ki sikho; kuch

chaawal aur aata ikattha kar lo,
aur ayse din ke liye rakh do jab
kam ho yeh cheezein.”³ Purohit ke
nirdeshan mein, Sahayak Sanstha
atma-nirbharta sikhaana kaayam

rakhgei, parivaar ko surakshit
rakhne ke liye, aur vyaktigat
sachchaai aur dayaluta ke karm
ko protsaahit karne ke liye, jo hai
Masih ka pavitra prem.

VIVARAN

1. Dekhiye *Handbook 2: Administering the Church* (2010), 9.4.2.
2. “The Welfare Responsibilities of the Relief Society President,” *Basic Principles of Welfare and Self-Reliance* (2009), 6.
3. *Teachings of Presidents of the Church: Brigham Young* (1997), 231.

**1. Kaise main apne bahanon
aur unke parivaaron ki sahayta
kar sakti hoon kuch-samay ki
aatma-nirbharta mein aage
badhne ke liye?**

**2. Kaise main apna khud ka
kuch samay ka aatma-nirbharta
sudhaar sakti hoon?**

Aur zyaada jaankaari ke liye, dekhiye
www.reliefsociety_lds.org.